



Cooking with Instagram Influencers



Level:

Beginner—Intermediate, can be adapted for higher levels



Objectives:

The student will be able to view Instagram reels to actively watch and listen to a short clip, observe for contextual clues, learn new vocabulary, practice listening to a native speaker and recognize new words



Timing

5-10 minutes



Prep/

Materials:

- Select an Instagram Cooking Reel and pre-watch for familiarity
- Prepare a list of new cooking terms, new food vocabulary or grammar topics
- Prepare a list of yes/no questions based upon Instagram Cooking Reel
- Suggested Instagram Reel [fithealthyrecipes](https://www.instagram.com/reel/CLU-jx6AWU1/)
- <https://www.instagram.com/reel/CLU-jx6AWU1/>



Breakdown:

1. Introduce cooking as a topic and pre-teach new terms or discuss verbs and verb tenses, review the list of yes/no questions that incorporate the new terms, verbs and verb tenses
2. Watch and listen to Instagram Cooking Reel together to get general understanding of content, (note, it is a very short reel, approximately 20 seconds, we suggest watching it multiple times together)
3. Ask student yes/no questions regarding the contextual clues, the vocabulary words or verb tenses
4. Watch the Instagram reel multiple times, use different tasks to focus upon after each viewing: have student create a list of ingredients, ask student to list the steps in order, or list newly identified words

To make it more challenging, limit the number of viewing options