

Best Year Ever



Level:

Beginner—Intermediate, can be adapted for higher levels



Objectives:

This fluency exercise will help the student to formulate opinions and express thoughts spontaneously and coherently.



Timing

5-15 minutes, can be expanded further into a variety of approaches.



Prep/

Materials:

- Prepare the reflection prompt(s) before class
- Recommended websites:
- <https://everydayesl.com/blog/speaking-fluency>



Breakdown:

1. Together with the student, discuss the experiences associated celebrating a new year and the type of emotions associated with reflection on the past year
2. Review spelling words of different topics, such as: happiness, gratitude, frustration, memories, achievements, dreams, goals, personal growth, include a review for any word spellings not typically used in everyday conversation or unusual spelling.
3. Encourage the student to make notes in a personal journal

Reflection
Examples:

- Three things I am grateful for...
- Two of my favorite memories....
- One hard lesson learned....
- One thing I am proud of...
- What made you feel purposeful this year?