Tell Me How You Feel





Low-Intermediate — Upper Intermediate



The student will be able to use adjectives related to people's feelings and emotions;



15-20 minutes (can be shorter or longer depending on the number of adjectives you want to introduce)



Prepare a list of adjectives you would like to introduce (related to feelings)

- Make a list of adjectives (write them down either on the board or on paper).
 Increase or decrease the number depending on how long you want the activity to take.
- Ask the students to talk about the time they felt this way. Ask them to talk about their experience.
- The student can talk either about their personal experience or about other people (if they can't come up with a story or are uncomfortable sharing personal information. Please remember to be sensitive to their cultural preferences).



• Examples:

Frustrated

Elated

Disappointed

Surprised