



Helping you feel at
home abroad.

Relocation Guide to San Diego, CA

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IOR makes every effort to ensure the information contained in this guide is as current as possible. If you notice errors, or information which is no longer accurate, please contact us immediately so we may correct the issue.

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WELCOME AND OVERVIEW



Courtesy of [Coronado Times](#)

San Diego is the second largest city in California, and is located 20 miles north of the Mexican border along the Pacific Coast. It has an excellent natural harbor, which has made it an important shipping and receiving point for Southern California, Arizona, New Mexico and Mexico's Baja California. The City is also headquarters for the 11th U.S. Naval District.

San Diego was the first site visited by Europeans on what is now the West Coast of the United States. Upon landing in San Diego Bay in 1542, Juan Rodríguez Cabrillo claimed the entire area for Spain, forming the basis for the settlement of Alta California 200 years later. The Presidio and Mission of San Diego, founded in 1769, formed the first European settlement in what is now California. In 1821, San Diego became part of newly independent Mexico, and in 1850, became part of the United States following the Mexican-American War and the admission of California to the union.

Today, San Diego has large aerospace, electronics and shipbuilding industries, and the presence of both the University of California San Diego and the University of San Diego make the city an important center for biomedical research and oceanography. It is also a distributing and processing point for the highly productive Imperial Valley agricultural area to the east.

Because of San Diego's sunny climate, its 17 miles of public ocean beaches, many historic attractions and proximity to Mexico, many visitors, convention groups, artists and retirees vacation in the city. Its year-round mild climate, sunny days and warm ocean temperatures make the San Diego coast one of the nation's surfing capitals. The city also has two professional sports teams and a variety of museums and cultural exhibits.

San Diego Overview

- [Official Website of the City of San Diego](#)
- [San Diego Parks and Recreation Department](#)
- [San Diego Public Library](#)
- [Current Weather in San Diego](#)
- Population: 1.407 million
- Land Area: 372.4 sq miles (964.5 km²)
- Parks: Over 340 major parks

History

- [San Diego Magazine](#)
- [Old Town San Diego History](#)

What to See, Sightseeing Tours, Value Packages and Passes, Tourist Information

- [San Diego Visitors Center](#)
- [San Diego Attractions](#)
- [San Diego for Free](#)
- [San Diego Tours](#)
- [Go San Diego Card](#)

Where to Find Arts and Entertainment

- [San Diego Union-Tribune](#)
- [San Diego Magazine](#)
- [Sandiego.org](#)
- [San Diego Entertainment](#)

Where to Eat

- Make a reservation online at [OpenTable](#)
- [Yelp](#) Restaurant Reviews
- Food Blogs
 - [San Diego Food Finds](#)
 - [San Diego Eater](#)
- [San Diego Restaurant Week](#): A public food event showcasing menus from some of San Diego's best restaurants. From casual to fine dining establishments, Restaurant Week allows diners to enjoy the San Diego culinary scene for at an affordable price.

Tipping

When you eat in a restaurant in America, you are expected to leave your server a tip, as it is not included. In a bar, café or modest restaurant, 15% of the total bill is acceptable. However, in an upscale restaurant (fine dining), a tip calculated on 20% of the total bill is the norm. In most restaurants, if you have a party of six or more, the tip is included in the bill.

Daylight Saving Time

San Diego is in the Pacific Time Zone and participates in Daylight Saving Time. Daylight Saving Time begins at 2:00 a.m. local time on the second Sunday in March. On the first Sunday in November areas on Daylight Saving Time return to Standard Time at 2:00 a.m. The names of each time zone change along with Daylight Saving Time. Eastern Standard Time (EST) becomes Eastern Daylight Time (EDT), and so forth. Some areas of the United States not using Daylight Saving Time include, Arizona, parts of Indiana, Puerto Rico, Hawaii, U.S. Virgin Islands and American Samoa.

Area Map



**IN CASE OF EMERGENCY
DIAL 911
FOR FIRE, POLICE & AMBULANCE**

Language line: If the person calling 911 is unable to speak English, they can tell the operator what language they speak. The 911 Operator will have an interpreter on the line within one minute to assist with the translation.

They will ask for the following information so keep this page close to your phone:

NAME

ADDRESS

PHONE

If you accidentally call 911, please do not hang up. The police will automatically be dispatched to your home to make sure there are no problems. Explain to the Operator the call was an accident.

[POISON CONTROL](#) (800) 222-1222

[ANIMAL POISON CONTROL](#) (888) 426-4435

Other Important Numbers:

CLOSEST CONSULATE OFFICE

PRIMARY CARE PHYSICIAN

WORK PHONE NUMBER

DIAL 311 for a non-emergency, or to request a City Service (such as replacing a broken street-lamp or removing an abandoned vehicle).

Urgent Care Centers

An Urgent Care Center is different than a Hospital Emergency Room. An Emergency room would be in an absolute emergency. You may visit an Urgent Care Center if, for example, you have a terrible ear ache and need medicine immediately but your Primary Care Physician's office is closed. Many Urgent Care Centers have extended hours and are open early morning until late evening during the week and also some weekend hours. Be sure to refer back to your health insurance company to clarify which urgent care centers and primary care physicians you are allowed to visit using your health insurance. Your insurance card should have a toll-free 1-800 number on the back for you to call and ask questions and clarify which urgent care center would be closest for you. Please always carry your insurance card with you!

Safety and Security

While San Diego is relatively safe, it is still a major city. Like every major metropolitan area in the USA, there is some crime.

Take basic precautions: lock your car, lock your doors and windows in your home, be aware of strangers and things that just don't seem right. It is always better to be cautious.

Check [here for a list of crime rates per neighborhood in San Diego.](#)

Hospitals & Clinics

- [General San Diego Hospital Directory](#)
- [General Children's Hospital Directory](#)
- [Rady Children's Hospital](#)
- [Sharp Grossmont Hospital](#)
- [Sharp Memorial Hospital](#)
- [UC San Diego Health](#)

Veterinary Clinics

- [ABC Veterinary Hospital](#)
- [Bay Park Veterinary Clinic](#)
- [Center Veterinary Clinic](#)
- [Veterinary Clinics](#)

Pharmacies

There are several major pharmacy chains in San Diego, found on nearly every block on commercial streets. These pharmacies are also general stores and carry a large selection of cleaning, house care, pet care and other supplies. Click on "Store Locator" and enter your zip (postal) code to find the pharmacy near you. Many pharmacies are open 24 hours. Check for hours of operation.

- [CVS](#)
- [Rite-Aid](#)
- [Walgreens](#)
- [Local Pharmacies in San Diego](#)

A lease is an agreement that outlines the obligations of the owner and the tenants of a house or apartment. It is a legally binding document, so it is important for you to know the exact terms of the lease agreement before you sign it. Please do not sign a lease without reviewing it with your IOR DS Consultant.

Types of rental properties

- **Apartment**

An apartment is rented from a company or individual that owns the property. Apartment buildings are usually multistory with people over, under and beside each other with common hallways or walk ways. Apartments are often rented from a company or individual in the form of an individual lease with no bearing on the other tenants of the building (besides noise complaints, property damage, etc.)

- **Studio Apartments**

A studio apartment is basically a one room apartment with sleeping, dining and kitchen all in one room plus a full bathroom. A “convertible” or “alcove” studio may have a nook or area which can be sectioned off separately for sleeping.

- **Condominium**

A condo is a communally owned estate and the owners share the ownership of the common areas such as grounds and hallways. Condominiums may be apartment style buildings or town house type buildings, but condo owners do not usually own the land. Condo owners are required to pay monthly common maintenance charges; although these might be reflected in your rental rate (it is important to clarify this with your landlord).

- **Townhouse**

A Townhouse is a kind of structure where the individual properties are flush against each other with tiny front and back "yards" and shared walls between them. Almost always they are multistory single family. Usually townhouse owners own the property under their townhouse.

- **Single Family Houses**

Single-family houses are free-standing rental properties that are habited by one person or a family. As you do not share this rental space with any other tenants, single-family homes offer the most amount of privacy. Homes also often come with a parking spot and/or garage space, but may require that you handle certain maintenance items (i.e. your lawn, minor repairs, etc.)

Rental Agents

In most situations, your IOR consultant will partner with a local realtor to have access to the most current and extensive property listings as well as the realtor's expertise in preparing and negotiating leases. This agent receives a commission for their assistance, and in most US locations this commission is paid by the Landlord, not the tenant. Your IOR DS Consultant will discuss this with you.

Renter's Rights

Tenants who lease or rent property are protected against discrimination by [The Fair Housing Act](#). If you think your rights have been violated, you may write a letter or telephone the Housing and Urban Development (HUD) office nearest you. You have one year after the alleged violation to file a complaint with HUD, but you should file as soon as possible.

While you can generally expect the same service from landlords, it's important to know your state's laws. Each state and most major cities have their own tenant rights, laws and protections. [Here are California's](#).

You can also visit the [HUD website here for a full guide to renters' rights by states](#).

If your rental property ever suffers any defects that make your place uninhabitable, your landlord has a duty to fix it. While some apartments let you make online requests for repairs, as well as provide a phone number for "emergencies," always make sure you document your request in writing. The landlord will then have a certain amount of time to make those repairs.

Privacy

You have the right to privacy. While the landlord owns the property, they can't access it anytime they want. All states have laws stating renters have a right to privacy while renting. Pretty much the only time the landlord can come into your rental without permission or notice is when they're responding to an emergency that threatens injury or property damage. Any other time the landlord wants to enter your apartment, they need to have your permission and in most cases give you 24-hours' notice before entering.

What to expect from the landlord:

In most states, you are legally entitled to:

- Safe structural elements including floors, walls, roofs and secure doors and windows.
- Privacy as described above.
- All electrical, plumbing, heating and air conditioning systems function.
- Working hot and cold water.
- Exterminating infestations of rodents and other insects.
- Access to trash receptacles.
- Landlords cannot discriminate based on race, gender, sexual orientation or disabilities.
- Apartment buildings sometimes come with laundry and dryer machines in the basement.
- Water, electricity and gas bills are up to you to pay. **Your IOR DS Consultant will assist you with this process.**

Utilities and Appliances

Your IOR DS Consultant will assist you or provide information on connecting your utilities. It is possible some will be included in your rent, but typically most are not.

If you are moving from Europe to North America, you might be surprised at the relatively large size of the kitchen appliances in your accommodation, especially the refrigerator! It may also surprise some expats that properties are rented **with** appliances. In the US it is standard for properties to include a refrigerator, stove and oven. Properties may also include a dishwasher, microwave, washer and dryer depending on the location, size and price point.

****Note that you will need a social security number in order to register and pay for utilities****

Recycling

The [City of San Diego Recycling Ordinance](#) requires recycling at all single-family homes, all apartments and condominiums serviced by the City.



The Lease Process

Review your housing budget with your IOR DS Consultant

Your DS Consultant can help you understand what kind of property you can afford. You also need to take into account that you may be responsible for some of the utility costs of your rental.

Know what you want

What are you looking for in a property? Do you want a studio or a single bedroom? Maybe you want to rent a single-family home? Do you need the property to come with appliances, including washer and dryer? Do you want it to be close to school or your work? Do you want it to be within walking distance of retail, like groceries or coffee shops? Are you looking for a child friendly area? Keep in mind that outside of the city center in major cities, there is not much public transportation and most locals drive everywhere.

Identify potential apartments

IOR offers home finding services to aid you with this process. Your consultant may work with a local broker who will help to organize appointments and visit properties. They will also assist in the rental application and the leasing process.

Common Abbreviations and Acronyms used in rental housing listings

<u>Acronym</u>	<u>Meaning</u>
24-hr mtn	24-hour emergency maintenance
AC or A/C	Air conditioning
Appls	Appliances

<u>Acronym</u>	<u>Meaning</u>
LA	Living area
LR	Living room
MBR	Master bedroom

Apt	Apartment
BA	Bathroom
BR	Bedroom
Bsmt	Basement
CAC	Central air conditioning
DA	Dining area
Det	Detached
Dk	Deck
DR	Dining room
Dw (D/w)	Dishwasher
Eff	Efficiency
EiK	Eat-in kitchen
Fin bsmt	Finished basement
FDR	Formal dining room
FHA	Fair Housing Act
FMR	Fair market rent
FP	Floorplan
Gar	Garage
H/A	Handicapped accessible
H/W	Hardwood floors
Hi ceil	High ceilings
HVAC	Heating, ventilation, and air conditioning

MBTH	Master bathroom
Neg	Negotiable
Ofc	Office
OSP	Off-street parking
Pkg	Parking
PM	Property manager (management)
Pvt	Private
Pwdr rm	Powder room (1/2 bath)
RE	Real estate
Renov	Renovated
Rf	Roof
Rm	Room
SF	Single-family
SFA	Single-family attached
SFD	Single-family detached
Sp, PI (S/p)	Swimming pool
Sq. ft	Square feet
Th (T/H)	Townhouse
Vw (vu)	View
W/A	Wheelchair accessible
W/W	Wall-to-wall carpeting

Visit

Make this process as efficient as possible by visiting as many potential properties as you can in one or two days. Try to go sometime during the week if possible. Your IOR DS consultant will work with you to set an appropriate schedule and to ensure that the properties you visit meet your needs as closely as possible.

What to do once you're there

As you look at the rental unit, be sure to ask a lot of questions. While you should keep small concerns to yourself about the unit while looking at it, feel free to ask the landlord or apartment manager any questions you might have that will help in your decision. Here are some possible questions you may consider asking:

- What's the monthly rent?
- Are any utilities included with the rent?
- How much is the security deposit?
- When is rent due? Do you have auto-pay?
- What's the make-up of the other tenants? Are they mainly younger students? Married couples with families? Older folks?
- What's the parking situation like? Do you pay for a parking spot?
- Do you take care of small maintenance issues or am I responsible for some of the repairs in the property?
- Am I able to re-paint the walls or make other modifications?

Again, be friendly and polite when you ask these questions.

The Application

The next step in the leasing process for an apartment is to submit a rental application for the location you want. The manager or landlord will be able to give you the application as well as anything else that they may need to have filled out. Your IOR DS Consultant will assist with this process. For a single-family home there will likely be a rental application.

You will need your passport, Social Security number, Visa and proof of employment. Some landlords may charge you an application fee which could be between \$20 to \$400 dollars, depending on the landlord. This could be a combination of an application fee and move-in fee.

Once you've done this, it can take up to a few days to hear back from the property manager. Once your application has been approved the lease approval process will begin with IOR and likely your employer.

Signing the lease

DO NOT SIGN THE LEASE until your IOR DS consultant has reviewed it in full and given their approval.

The lease is a binding contract, so it is very important to pay attention as a leasing agent goes over it with you. It is perfectly normal for you to take your time and read all the fine print for yourself. If you are working with an IOR DS consultant, make sure to talk with them and receive approval before signing. You will also be given a copy of the lease to take with you and keep for your records, but it is very important to know everything included in your lease from the start.

Some things to look for in a lease:

- Term of the lease and any important dates such as when the rent is due.
- Extra fees for parking spaces or storage, garbage collection and pets.

- Information regarding utility providers and whether you or the landlord is responsible for those bills.
- Notification requirements in case of renewal.
- Requirements/responsibilities of the tenants to do routine repairs such as lawn maintenance, cleaning or notification of repairs.
- Clauses that allow the landlord to change the terms of the lease after it is signed.
- Restrictions that would prevent you from living normally or comfortably in the home.

Sometimes landlords will ask for a security deposit before you sign the lease. This is normal, but you shouldn't pay in cash. Make sure all payments are made out as a check or money order just in case.

What to expect from the lease

Most leases in the United States include the following or a variation thereof:

- Your employer requires that all leases include a Break Clause in case you are transferred for work or personal needs.
- Contracts will often be for periods of a year or more.
- Minimum stay. Typically, three fourths of your lease contract time. If you choose to move out before this date, you will lose your security deposit. If you move out afterwards, you are still required to give a specified number of days notice.
- Security Deposit. Landlords will expect you to leave them with a deposit (usually about one to two month's rent) that they will hold for the duration of your lease. You will receive your security deposit back at the end of the lease provided you don't break any specific clauses in your lease, such as moving out without proper notice, not paying rent, causing damages to the property, etc.
- Landlords should not be given unchecked access to your apartment. If there isn't anything in your lease about landlord's rights to enter the leased premises, suggest the following clause:

Entry by the Landlord. Landlord or his agent will not enter Tenant's home except to deal with an emergency; to make necessary or agreed repairs; to supply necessary or agreed services; or to show the unit to potential purchasers, tenants, or repair persons. Unless there is an emergency, Landlord will give Tenant at least 24 hours' written notice of the date, time, and purpose of the intended entry and will schedule entries during normal business hours, Monday–Friday.

Most landlords will be hard-pressed to say no to such a reasonable clause. If the landlord refuses, it's a sure sign that he won't be reasonable in other respects, too. Continue on in your housing search.

Moving In

On your selected move-in date, after the lease has been signed, and deposits have been paid...you should be given your keys and more than likely a move-in form to fill out. Your IOR DS Consultant will assist you with an initial walk through of your apartment. Look for dings in the walls, cracked windows or other irregularities and report them on this form. This will indicate that these things were there before you moved in and you will not be held responsible for them at the end of the lease term.

Get Renter's Insurance

Renter's insurance covers any loss to your personal property due to robbery or accidents. It also covers any damage you might cause to other tenant's property. For example, let's say your washing machine springs a leak and water seeps through the floor and ruins your neighbor's antique dresser. Renter's insurance would cover that.

Renter's insurance will cost approximately about \$15-125 a month, less if you tack it onto another policy (like auto) you have with an insurance company. A few popular options are [Allstate](#) and [StateFarm](#).

When relocating internationally, your children's education is of great concern. IOR eases this concern by exposing you to the various school options available for your child and helping you to work within the framework of options to find the best solution for your family.

I. **Overview and Philosophy of the United States Educational System**

In most U.S. locations you will have the choice of sending your children to either a public or private school. A public school must accept your child for enrollment if you live within its designated district. A private school may have a general curriculum similar to that of public schools but may or may not accept your child depending on availability of space, your child's prior academic history, language ability in English, or the result of entrance exams. Private schools charge a fee, which can be quite high. If you are considering private school, be sure you have a clear understanding of your employer's policy regarding reimbursement. In the U.S. approximately 85% of the children attend public schools for ages 5 to 13, and approximately 93% of the children attend public school at the high school level. Many, though not all, private schools are parochial, or religiously affiliated schools.

A third option called 'charter school' is sometimes available. Charter Schools are similar to public schools in that they are free, non-religious, publicly funded, and are held to state and federal academic standards. Each charter school is governed by its own local school community, which often includes parents and teachers - rather than a district. This freedom allows teachers to be more innovative, and communities to shape their local school. Charter schools can set their own hours and adjust their curriculum to fit their student needs, and give teachers the opportunity to experiment with next-generation teaching models including technology and the virtual classroom. Charter schools typically admit students by random lottery and do not restrict enrollment based on location, academic achievement, or other factors private schools may consider.

Most Americans, regardless of their level of education and income, send their children to public schools. Because each town or community typically has its own school system funded by local municipal taxes and state revenues, residents in an area with a higher tax base can usually be assured of quality public education. IOR is very conscientious about placing assignees and their families in areas with good public-school systems.

Private schools do not receive state revenue, although they may be entitled to assistance with transporting students and providing for special needs such as speech therapy and assistance of the learning disabled. Private schools are funded through tuition paid by the student's parents. Typically, there are additional fees for books, uniforms, and school supplies, and the parents are usually solicited for additional charitable donations. There may also be book or activity fees at public schools.

The public education system in the U.S. is administered by local and state government, rather than by the federal government. Each state has a board of education which sets policy for all school districts and standards which all students must achieve. In addition, each local district has a board of education which sets local policy and curriculum within the parameters set forth by the state.

School districts can provide specialized programs and services for children with special needs. The general philosophy of education in the United States is to educate the entire diverse, ethnically mixed population with equal educational opportunity for all, while serving the educational needs of the individual student.

If you choose public education for your child, the particular school your child attends is determined by the school district boundaries containing your residential address. The school may or may not be within walking distance to your home. Generally, if the distance to the school is greater than one mile, the school district provides bus transportation to and from school. For those children who do not live far enough away from the school for bus service but are too far to walk comfortably, parents may have the option of paying for bus transportation, or they may choose to drive their children to and from school. Very often parents form 'car pools', sharing the responsibility of driving groups of children.

Generally private schools do not have residential boundaries for their students' families. In most cases, parents rely on car pools to ease the burden of transporting their students to and from school. In selecting your home, consider the driving distance and time to and from the private school.

Ultimately, the school your children attend is determined by your residential address, so it is a good idea to include visits to potential schools and properties in your pre-trip visit. Your pre-trip visit will consist of selected sample houses in a variety of communities, along with information, or perhaps visits, to the appropriate schools. However, there may be a limited selection of homes available within each community. It is possible you may find a school you like, but there may not be any available housing options within that school's enrollment radius. We will show you housing in school districts with proven academic standards, but be aware there are cases when certain schools are unavailable due to housing concerns.

If you are considering a private school, you may wish to visit it as well as a public school to compare. It would be advisable, however, to first determine if the private school has space available for your child. Additionally, you will want to know the amount of tuition and fees for the school, as that may be a factor in your decision.

II. Academic Standards

A. Curriculum:

The overriding objective of elementary and secondary education, public or private, is to prepare students for higher learning and future employment. Each school district or private school will have a unique curriculum which meets the above overriding goals.

Elementary School:

The elementary years (kindergarten through fifth grade) focus on fundamental academic skills, language arts, social studies, science, and mathematics in addition to introduction to technology, art, music, physical education, and sometimes foreign languages. Students' personal development is energized through emphasizing strong work habits which provide a positive feeling toward learning.

Middle School:

Middle School helps children in early adolescence (sixth through eighth grade) transition from elementary to high school and from childhood into young adulthood. The structure of the school day includes contact with several teachers who specialize in their subject matter; students usually move from one classroom to another. Curricular content focuses on expansion of skills in math, science, reading, writing and social studies. Further exploration of foreign languages, practical and fine arts, music, health, physical education and computer literacy are also provided. Middle school students are able to enhance their formal education by participation in school sponsored adult supervised competitive athletics and a variety of clubs and special interest groups.

High School:

The premise of elementary and middle schools is to prepare students for the academic, social and physical challenges of high school. All high schools maintain defined academic requirements for graduation, however great flexibility of classes is usually available within this framework. Most schools provide more challenging academic courses entitled honors or advanced placement which award college credit to successful students. High school extracurricular and athletic activities are more competitive than those found at lower levels and often provide talented students with opportunities continue this activity in college or university.

B. Grading Systems/Assessment of Child Progress

Schools typically report students' progress to parents with written report cards, which may be either mailed or carried home by the student. Many schools also set one or two days aside each semester for parent/teacher conferences. These conferences are an opportunity for parents to meet with their children's teachers and hear the teacher's evaluations of their student's performance in school. At the elementary school level, where children usually have one primary teacher, a teacher conference may last from fifteen minutes to an hour in length. At the middle school and high school levels, you may meet with your child's teachers for a period of five or ten minutes. If you need additional time with the teacher, you may schedule a follow-up visit

allowing time for a more complete discussion. It is a good idea to participate fully in teacher conferences. Your children's teachers may be able to provide valuable insight regarding your children's academic and social adjustments. Should there be concerns, they may be able to assist you with helpful suggestions of additional resources to contact.

C. Standardized Testing

Challenged to prepare students for higher learning and future employment, all school districts and private schools utilize standardized testing to measure student progress over time and compare themselves to national standards. Such tests are prepared by national groups of parents and educators as well as business and academic leaders. Tests vary from state to state, but typically students in prescribed grade levels (for example, grades 3, 6, 8 and 10) are tested in the areas of reading, mathematics, writing science and social science. Colleges and universities use the ACT and SAT tests to measure incoming student abilities; the results of these tests are nearly as important as high school grades when students apply for entrance into US colleges and universities.

III. Definition of School Groupings

A. Pre-School or Nursery School

In the U.S., 3, 4 and some 5-year old have the opportunity to attend a pre-school under a private system. These schools can be located in a local school, a church, or an independent free-standing building. Pre-school is not publicly funded and is fee-based. Typically, children are grouped by age. Most of the schools are play-based, although different philosophies of formal education can be found. Typically, 3-year olds attend 2 half days a week and 4-year olds may attend 3 half days a week. Some preschools also serve as day care centers for families in which both parents work. Typically reading is not taught in pre-school, although a few programs can be found which include reading fundamentals. Concentration of learning is on small and gross motor skills, and basic academic readiness skills. Some pre-schools offer a full-day kindergarten option for those parents who work. The public-school kindergarten programs are typically only half day programs with no before or after school care. If a kindergarten program is offered it follows the state curriculum guidelines, and teaches pre-reading and math skills.

B. Elementary School

Elementary school provides education for children ages 5 to 11, kindergarten and grades 1,2,3,4 &5. While kindergarten at age 5 is not required, most families send their children to kindergarten. Elementary school is the beginning of publicly funded school. In the U.S. children are grouped by age and advanced in school by age. There are usually opportunities within the grade for different levels of learning, with opportunities for advanced learners and remedial learners. The public elementary school is usually neighborhood based and the source of playmates for your child. In the U.S., pre-reading skills are introduced in kindergarten (age 5) along with early math skills. Formal reading begins in the 1st grade (age 6). Studies have shown that while children learn to read at different ages, the difference between early and late readers is not a predictor of reading skills by about the age of 8 or 9 years old. In addition to reading

and math, elementary school also has a broad base of writing, science, social studies, art, music, computer, personal development and physical education. Only in a few schools will a 2nd language be introduced at the elementary level. English as a Second Language (ESL) is offered starting at the elementary level in the public school. Parents are allowed to visit the schools, and there are many opportunities for parents to volunteer their skills, particularly at the elementary school. Parents may approach teachers and administrators with suggestions and concerns with their child. Usually the personnel are willing to consider changes if they feel it would be in the best interests of the child. With a child coming to a new country and sometimes starting a new language, feel free to talk to the school if you think something could be done to ease your child's adjustment. The school day is from approximately 8:30a.m. to 3:00p.m. with recess (playtime break) and a lunch break at the school.

C. Middle School

Middle school provides education for children ages 11 to 14, grades 6, 7 & 8. The children attend school in a different location and in the public school system several elementary schools will combine into the same middle school. A middle school is usually 2-4 times the size of the elementary school. Middle school is considered the transition between elementary school and high school and from childhood to young adulthood. Because of this philosophy, U.S. students at this age level are all introduced to the same academic curriculum. The school day is structured differently with the children changing class rooms and teacher with each subject. There are 6-8 different class periods daily. Within the grades children may be separated by academic ability in classes, particularly math and English. Often an introduction to foreign languages is offered. For those who choose, the student may have the option to complete one year of high school foreign language during middle school. If your home country requires more advanced language development at this age, you may want to consider outside supplemental language instruction. Middle school is a time when extracurricular activities such as theatre, music, sports and clubs become important activities in adolescent life.

D. High School

High school provides education for children ages 14 to 18, grades 9, 10, 11 & 12. It is the final level of education before the university, community college or trade school. The terms Freshman (9th), Sophomore (10th), Junior (11th) and Senior (12th) are also used to identify grade level. At the high school level the student has more specific choices of course work. Each district has a set of minimum graduation requirements, which will include courses in English, math, science, social studies, physical education and a combination of foreign language, fine arts and practical arts. Within this framework the student has various choices from more remedial levels, average levels, and more advanced levels. If a student is prepared for the material, by the 11th or 12th grade a student may have the opportunity to take a college level course for advanced credit in the U.S. university system. In high school competitive sports are offered along with theatre, orchestra, instrumental and vocal music and clubs. Your child will have an opportunity to meet more U.S. children by participating in a school extracurricular activity. Each school district has 1 or more high schools with 800-2500 students. A student's high school

performance may determine the type of university or higher education program they pursue upon graduation. During high school national tests are given to determine the student's potential to advance to various higher education levels.

If your child anticipates returning to your home country to continue higher education within your university system, you might want to consider the International Baccalaureate (IB) program. This program is recognized internationally for entrance to universities. In contrast to the typical high school college preparatory curriculum, the IB semester consists of fewer subjects, studied in greater depth and with a bilingual proficiency. Developed in Switzerland, the curriculum was intended as a secondary education program which could be utilized and accepted worldwide. Not all US schools will offer an IB curriculum.

E. Post-Secondary Education

While most families on international assignment do not bring their older children (19 years+) for education in the U.S. we include a brief description of the US university system. Some form of post-secondary education is available to those U.S. students who seek it. Each state offers a public university system which the tuition is partly subsidized by the state for state residents. Residency of at least 1 year is necessary. Some are medium to large institutions (with undergraduate and graduate level programs). Some can be quite competitive for admission while others may not be competitive at all. Student's admission to the university is in part determined by their high school academic performance and course selection and as well as the results of a national standardized test (SAT or ACT). Post-Secondary is the educational level that students in the U.S. study subjects in great depth and select their majors and career choices. Graduate level programs on the master level, professional level and PhD level are pursued after completing the 4 years of undergraduate studies.

IV. Life in Schools

A. Atmosphere

It is valuable to visit your child's school to understand the academic and non-academic atmosphere that prevails. Administrators or counselors are happy to serve as tour guides and should always be contacted in advance. Do not be alarmed if your visit takes place during the lunch hour if the children seem a bit rambunctious. Students in American public schools generally enjoy a great deal of personal freedom in the cafeteria, on the playground and in the halls before and after class. They are supervised by teachers or members of the school staff, but they generally are more relaxed in the lunch room and in the halls. If you are visiting on a rainy day, you may observe "indoor recess" in the gymnasium which could be noisy. Rest assured that when they are in the classroom, students do settle down and work quietly and diligently. Some classrooms are more informally arranged than others. For instance, some teachers prefer to have the children's desks in a circle rather than in rows. Teachers will sometimes assign group projects, where several students work together and are thus not seated at their desks during a part of the classroom period. Teachers are expected, however, to have good control of their classrooms. Private school policy regarding these issues of personal freedom varies. Some

private schools function as the public schools do, while others may have a more closely supervised approach. Again, it is always a good idea to visit the school so that you are comfortable with that particular school's management style.

B. Parental Involvement

In addition to participating in parent/teacher conferences, most American schools encourage parents to become involved in the volunteer activities of the school. Most schools have a "PTA" (Parent Teacher Association) or "PTO" (Parent Teacher Organization). These organizations usually work with the school administration, dealing with issues such as student safety, communication to parents, academic concerns, etc., as well as fundraising and planning special programs to enhance the school experience for the student population.

Getting involved with the PTA or PTO is a great way to become well informed about your child's school. It also provides you with an opportunity to meet and really get to know other parents. There will probably be a choice of committees on which you could work; you do not have to commit to a leadership role. Some volunteer opportunities may involve actually working in the school, volunteering in the school library on day a week or one day a month for example. Be sure to alert the school administration that you would like to get involved, and ask for the name and phone number of the head of the parent volunteer organization at the school. Parent volunteers are usually welcomed and encouraged at all levels at all schools, both public and private.

C. Extracurricular Activities

A well-rounded education requires that students learn their academic subjects as well as develop socialization skills and learn nonacademic skills. Belonging to a group can be a rewarding connection with peers and a good way to develop self-confidence. These are the reasons that schools, public and private, provide numerous extracurricular activities from which their students can choose to participate. At each level of education the opportunities and choices increase. For example at the elementary school level, all students are introduced to art, music, drama and a variety of athletic experiences. At the middle school level, students have required courses in some of the above areas but are provided opportunity to participate in after school activities of their choice. For example, competitive football, soccer, swimming, track, lacrosse, basketball etc. In addition many clubs allow students to pursue other interests, for example, computers, drama, fine arts, forensics, jazz band, photography, yearbook and student council. Almost universally, each activity or club is sponsored by adults, using specialized instruction, who demonstrate a working knowledge of the activity and a desire to teach children. An even greater variety of extracurricular experiences are available at the high school level, many of which help students identify strengths, talents and interests which may direct them to future colleges, vocations or avocations.

D. Facilities

All schools maintain facilities other than classrooms which enhance or support their educational mission.

Libraries and Media Centers

Libraries are universally available and are accessible to students throughout the day and often after hours. Libraries often contain a “media center” which maintains and makes available other types of educational materials including computers and software, audio and video tapes, slides, sound sequences, projectors and recorders of various types for use individually or in groups. The wide availability of computers and access to the internet has provided almost unlimited opportunities for students and teachers to obtain information that can enhance and facilitate learning.

Fitness Facilities/Gymnasium

Fitness facilities, or ‘gyms’ as they are typically referred to, are supplied by almost all schools in the United States. Gyms often consist of a large indoor court with various sports equipment. They are open during lunch hours and for specific hours before and after school for athletes or students who wish to exercise. Many gyms will be accompanied by a weight room and a locker room with a shower. Students are sometimes expected to use these communal showers following Physical Education classes or general use of the gym’s facilities.

Public Schools in San Diego

The public-school system in San Diego is managed by multiple independent school districts, but the largest is the [San Diego Unified School District](#). The district is the second largest public-school district in the state after the Los Angeles Unified School District.

Generally, to register your child for school you will need to have a passport and/or birth certificate, proof of immunizations, any applicable past school records and proof of residency. Most public schools have boundary areas, and you must show proof (i.e. copy of lease or home purchase agreement) to be allowed to register in that particular school. Please always confirm requirements with the school you are interested in before assuming that your child will be able to attend that school.

Grade level in the public-school system is determined by the age of the child. Typically, the child must be 5 years old by September 1st to enter kindergarten. School districts may be very strict about the age requirement, but inquire with the school district you are interested in to determine if there are any exemptions for foreign students who are ahead in grade level. You may also want to ask about any gifted or advanced programs as well as their English as a Second Language (ESL) Programs. Some elementary schools also offer a pre-Kindergarten program for children who miss the September 1st requirement. You may inquire at the school districts for availability.

Contact your IOR Destination Services Consultant for more assistance with schooling questions.

To view which SDUSD schools are available in your neighborhood, click [here](#).
For more information on the enrollment process at SDUSD schools, click [here](#).

Other public school districts in the area include:

- [Poway Unified School District](#)
- [Del Mar Union School District](#)
- [San Dieguito Union High School District](#)
- [Sweetwater Union High School District](#)

Private Schools in San Diego

There are over 100 private schools in San Diego, ranging from early childhood education to high school. In general, many private schools in the U.S. require high application standards and entrance exams, and some may align with a specific religion when devising a curriculum. Listed below are some of the most acclaimed private schools in San Diego:

- [The Bishop's School](#)
- [Cathedral Catholic High School](#)
- [Del Mar Pines School](#)
- [Francis Parker School](#)

- [La Jolla Country Day School](#)
- [Ocean View Christian Academy](#)
- [San Diego Jewish Academy](#)
- [Waldorf School of San Diego](#)

Colleges and Universities

- [San Diego City College](#)
- [San Diego Mesa College](#)
- [San Diego Miramar College](#)
- [San Diego State University](#)
- [University of California, San Diego](#)
- [University of San Diego](#)



University of San Diego

Banks and other financial institutions, such as credit unions, offer a variety of services. These services include:

- checking and saving accounts
- credit and debit cards
- online bill pay
- loans
- insurance
- financial planning

Banks in the United States are insured by the Federal Government for deposits up to \$250,000 per depositor per bank. The bank or credit union will display the letters FDIC (Federal Deposit Insurance Corporation) as proof.

Checking and Savings Accounts

To open a checking or savings account you will need the following information:

- Two forms of picture identification including but not limited to your passport, driver's license, or work ID.
- Social security number. If you have not yet received your social security number, the bank can open an account with a W8 Temporary Tax ID form (available at the bank). You will need to call the bank with your social security number once it arrives in the mail.
- Local mailing address. You may use your office address as your mailing address, but be prepared to call your bank branch as soon as you have your permanent address.
- Letter of Employment
- Cash for the initial deposit can range from \$25-\$150 dollars.

Checks

More businesses and banks are offering online or automatic bill paying options. However, you may still need to pay some bills by mail. **NEVER SEND CASH!** You will want to order at least the minimum quantity of checks. This will cost a set fee that the bank will charge you. The checks will be pre-printed with your name, address, telephone number and account number and will be mailed to your home.

ATM or Debit Card

The most popular way of obtaining cash is by using an ATM (Automated Teller Machine) card, also referred to as a debit card. ATM's are located in most banks, malls, airports, grocery stores and in many other public places. You will be given a PIN (Personal Identification Number) for using your card. It is important that you memorize this number and not keep written record of it with your card in order to protect your account. Most ATM's will take all cards, but many banks will charge a service fee for using another bank's ATM. Through the ATM you may deposit, transfer and withdraw funds. There will usually be a limit to the amount of money you can withdraw in any 24-hour period.

Credit Cards

For many international transferees, the lack of a US credit history can be a challenge. In most cases, you will not be approved for a US credit card initially. One suggestion to assist in building your US credit history is to open a **secured credit card**. With approval from the bank, you can put a certain amount of money in a savings account that will remain in the account. The secured credit card would have a credit limit equal to the amount deposited in the savings account. You will need to use your secured credit card and make the minimum monthly payments; you may also pay in full the amount due. After 9 months or so, if the bank sees that you have a good payment record, they may approve you for a regular credit card.

Security

Always pay attention to the other people around you at an ATM. Do not use the machine if you are suspicious of someone's behavior. It is safer to find another ATM or to come back later. Do not put your PIN number in with anyone close enough to see it.

Credit card theft is another increasing problem. In order to protect your card from being abused, never give your credit card or credit card number to a service provider you have not called. Another precaution is to destroy or shred copies of receipts and bills. Criminals will not hesitate to dig through the trash to find a copy of your credit card number.

Major US Banks

Below is a list of links to some of the larger US banks available in San Diego. In some cases you may find that the local bank is a better option for you than some of the larger banks. Your IOR DS Consultant can help you in selecting a bank by sharing the various options available locally, as well as the products they offer to support expatriates.

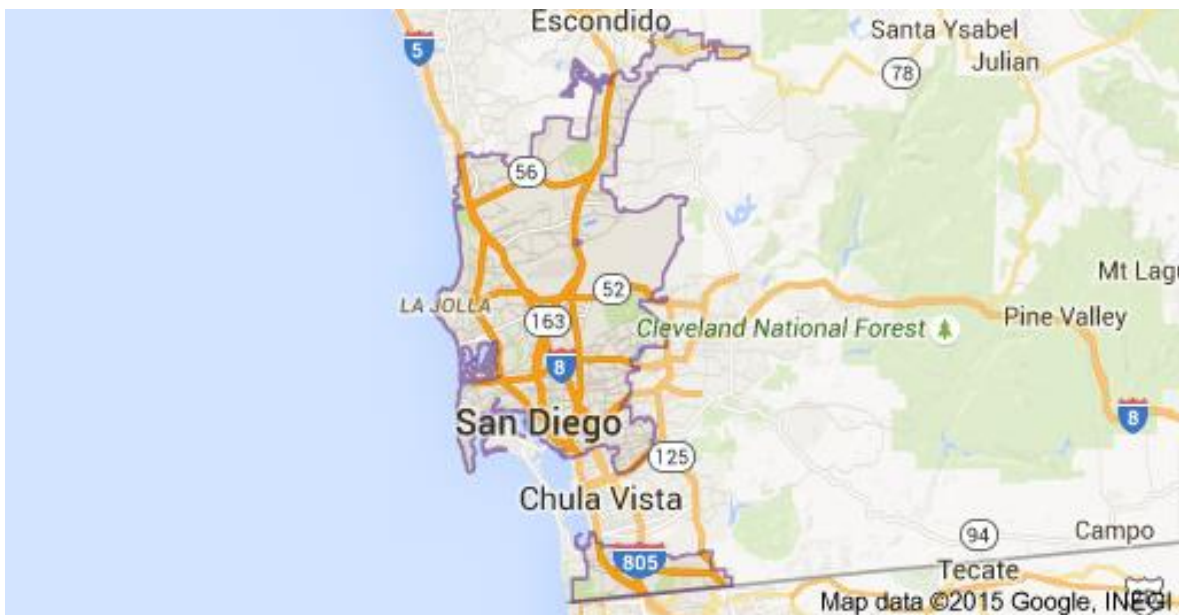
- [Bank of America](#)
- [Chase](#)
- [Citibank](#)
- [HSBC](#)
- [TD Bank](#)
- [US Bank](#)
- [Wells Fargo](#)
- [List of Banks in San Diego](#)

PUBLIC TRANSPORTATION/DRIVING

Driving

Driving is the most popular form of transportation in San Diego, with personal vehicles as the primary means of transportation for 80% of San Diego residents. The city is served by numerous freeways and highways. This includes Interstate 5, which runs south to Tijuana and north to Los Angeles; Interstate 8, which runs east to Imperial County and the Arizona Sun Corridor; Interstate 15, which runs northeast through the Inland Empire to Las Vegas and Salt Lake City; and Interstate 805, which splits from I-5 near the Mexican border and rejoins I-5 at Sorrento Valley.

Major state highways include SR 94, which connects downtown with I-805, I-15 and East County; SR 163, which connects downtown with the northeast part of the city, intersects I-805 and merges with I-15 at Miramar; SR 52, which connects La Jolla with East County through Santee and SR 125; SR 56, which connects I-5 with I-15 through Carmel Valley and Rancho Peñasquitos; SR 75, which spans San Diego Bay as the San Diego-Coronado Bridge, and also passes through South San Diego as Palm Avenue; and SR 905, which connects I-5 and I-805 to the Otay Mesa Port of Entry.



Public Transportation

Bus and Rail

[SDMTS Trolley](#): The entire Trolley network serves 53 stations, comprises 53.5 miles of route and three primary lines named the Blue Line, the Orange Line and the Green Line. The network also has a supplementary heritage streetcar downtown circulator known as the Silver Line that operates on select weekdays, weekends and holidays. In 2014, the Trolley was the 4th most-ridden light rail system in the United States, with an average of 119,800 riders per weekday.

[SDMTS Bus](#): There are plenty of lines and routes that are serviced throughout San Diego. Be sure to check timetables and schedules, and plan your routes in advance.

[COASTER](#): The COASTER commuter train provides breathtaking coastal scenery as it runs north and south through San Diego County, serving eight stations between Oceanside and downtown San Diego. More than 20 trains run on weekdays, with additional service on the weekends. It takes about an hour to travel the entire COASTER route.



San Diego Coaster

[Amtrak Pacific Surfliner](#): Connecting San Luis Obispo and San Diego through Los Angeles and Santa Barbara, the Pacific Surfliner offers a unique vantage on the Southern California seascape. The Pacific Surfliner offers twelve daily round-trip services between San Diego and Los Angeles, and between Santa Barbara and San Diego.

By Water

[Coronado Ferry](#): This passenger ferry runs regularly across San Diego Bay, between the Broadway Pier and the Convention Center in downtown San Diego and the Coronado Ferry Landing. A 15 minute ride takes you one way, and is one of the most efficient modes of transportation while providing gorgeous views of the downtown skyline and the Coronado Bridge.

[San Diego Water Taxi](#): offers transportation services between Downtown and Coronado.

Taxi and Car Services

- [City Captain](#)
- [San Diego Silver Cab](#)
- [San Diego Taxi Company](#)
- [Uber](#)
- [Lyft](#)

Biking in San Diego

Whether you're an avid mountain bicyclist, a road bike warrior, or a breezy beach cruiser, there are plenty of [paths, trails and roads in San Diego](#) to explore on two wheels.



Airport

- [San Diego International Airport](#): (SAN) - While primarily serving domestic traffic, San Diego has nonstop international flights.

Map Websites

- [Google Maps](#)
- [Expedia](#)
- [Bing Maps](#)

AAA Travel Protection

[AAA](#) is a membership organization that offers benefits such as roadside service and towing, discounts on car products and services, maps, reference materials, etc. Call 1-800-352-5382 for information.

LOCAL REGISTRATION

Social Security Procedures

[United States Social Security Administration](#)

1-800-772-1213

Upon arrival in the United States, employees holding work visas will be required to apply, in person, for a Social Security number. The Application for a Social Security Card (SS-5) can be used by anyone who has never been issued a card, needs a replacement card or has changed his or her name. Your IOR Destination Services Consultant will assist you with this process and can answer any questions you might have.

THIS SERVICE IS FREE.

To get an original number and card, you'll need to complete an Application for a Social Security Card ([Form SS-5](#)), and show the following documents IN PERSON at the local social security office.

- Passport
- [I-94](#)
- Work Visa
- Any other documents received by US Immigration

If all of your information is confirmed, your Social Security card will arrive in the mail in approximately 2-4 weeks. Several days after you have successfully completed the application process, you may be able to take your identification with your receipt back to the Social Security office to inquire about your Social Security number before you receive your card. Your IOR Destination Services Consultant will assist you with this process.

L-2 Visa Employment Opportunity Law Changes

The L-2 visa allows the dependent spouse and minor, unmarried children of qualified L-1 visa holders to enter into the U.S.

Changes took place on July 27, 2006 that apply to spouses of L-1 Visa holders in the US on an L2 Visa. Prior to that date, spouses on L-2 Visas were not permitted to obtain a social security card and were denied the right to be employed in the US. The law change now permits L-2 Visa holders (spouses only, not dependent children) to work on a full-time basis in the U.S. with proper employment authorization from the US Citizenship and Immigration Services (USCIS).

The L-2 Visa holder must apply for a social security card in addition to applying for an Employment Authorization Document before they can begin employment.

Social Security Numbers

The Social Security Administration (SSA) has issued guidelines, which permit E-1, E-2, and L-2 spouses to obtain Social Security Numbers without having to first obtain employment.

Authorization Documents (EADs) from the CIS. They must show proof that their spouse is in E-1, E-2 or L-1 status, and present an original marriage certificate, in the native language. However, before they are authorized to work, they must obtain an EAD. [The new SSA guidelines are online here.](#)

Employment Authorization Document (EAD): L-2 Visa holders can apply for this document utilizing USCIS Form 1-765, Application for Employment Authorization. They must provide the following forms of identification: valid passport, 1-94 Arrival-Departure Document, Marriage Certificate from home country, two identical and color photographs taken within 30 days of application. Currently, the process from application to EAD issue takes 3 to 4 months. The L2 Visa holder may also engage in full-time study in the US. A dependent child still may not apply for an EAD card except in cases of severe hardship. Local offices are open Monday thru Friday 9am to 4pm.

****Notice**** Social Security offices are closed on all US Federal holidays.

Obtaining a Driver's License

If you are a visitor in California over 18 and have a valid driver license from your home state or country, you may drive in this state without getting a California driver license as long as your home state license remains valid.

If you become a California resident, you must get a California driver license within 10 days. Residency is established by voting in a California election, paying resident tuition, filing for a homeowner's property tax exemption, or any other privilege or benefit not ordinarily extended to nonresidents.

To apply for an original driver license if you are over 18, you will need to do the following:

- Make an appointment before visiting a DMV office (walk-ins are only accepted at our [Driver License Processing Centers](#)).
- Complete application form DL 44 (An original DL 44 form must be submitted. Copies will not be accepted.)
- Give a thumb print
- Have your picture taken
- Provide your social security number. It will be verified with the Social Security Administration while you are in the office.
- Verify your [birth date and legal presence](#)
- [Provide your true full name](#)
- [Pay the application fee](#)
- Pass a vision exam
- Pass a traffic laws and sign test. [Sample Test](#))

Note: To allow you sufficient time for testing DMV will not be administering written or audio exams after 4:30 p.m.

- Steps for applying for a California driver's license [here](#)
- For general information and to find an office near you, see general California [DMV website](#)

For general information and instructions on how to obtain an official state ID card or driver's license, [visit the website of the California DMV](#).

Your Destination Services Consultant will also assist you with the proper procedure.

TV, Cable, Telephone, and Internet

The main service providers in the U.S. for TV cable, landline telephone and internet all offer combination packages. They are in stiff competition with each other, so special offers change monthly, sometimes even weekly.

- [AT&T](#)
- [Comcast](#)
- [DirecTV](#)
- [Dish](#)
- [Time Warner Cable](#)

Mobile Phones

There are four major wireless carriers in the US.

- [AT&T Wireless](#)
- [Verizon Wireless](#)
- [Sprint](#)
- [T-Mobile](#)

Computers, Electronics, Cameras

- [Best Buy](#) is a national chain. Apart from sales, their [Geek Squad](#) repairs PC computers.
- [Fry's Electronics](#)
- [Apple Stores](#)

Housewares and Furniture

- [Bed Bath & Beyond](#)
- [Ikea](#)
- [Home Depot](#)
- [Crate and Barrel](#)
- [Furniture Envy](#)
- [Pottery Barn](#)
- [Williams-Sonoma](#)
- [Rooms to Go](#)
- [The Container Store](#)

Food Shopping

Residents in San Diego go to market at a wide range of open air farmers markets, large gourmet markets, small specialty shops and conventional supermarkets. The main conventional supermarkets are listed below. They are located all over town and the surrounding areas:

- [Ralph's](#)
- [Trader Joe's](#)
- [Vons](#)
- [Whole Foods](#)

Listed below are some of the specialty markets located in San Diego. They often carry a more specified variety of products, ranging from organic produce to international cuisine and beverages:

- [Bread and Cie](#)
- [Chuao Chocolatier](#)
- [Venissimo Cheese](#)
- [The Wine Bank](#)

Farmers' Markets

For those looking to get their goods directly from the producer, there are many farmer's market locations throughout San Diego. From fresh produce to prepared foods, you can find an available market almost every day of the week. A select few:

- [Coronado Farmers Market](#)
- [Hillcrest Farmers Market](#)
- [La Jolla Open Aire Market](#)
- [Mercato Little Italy Farmers Market](#)
- [North Park Farmers Market](#)
- [Ocean Beach Farmers Market](#)
- [List of Farmers Markets](#)



Art and Culture

San Diego's vibrant arts and culture scene teems with lively performances, thought-provoking exhibitions and engaging historic sites and monuments. San Diego is also home to two Tony® Award-winning theaters, historic sites, public art, music venues, dance performances, film festivals, galleries, museums and more. Whatever inspires you, there's always something happening in San Diego to engage your senses and enrich your mind.

- [California Ballet](#): California Ballet Company's (CBC) mission is to present high quality, professional works and educational opportunities to the community of Southern California, and preserve the classical dance style through maintaining a resident company of professional dancers. CBC presents a full season at the San Diego Civic Theatre.
- [San Diego Symphony](#): In the years since its inception in 1910, the San Diego Symphony has become one of the leading orchestras in the United States. The Symphony offers a wide range of concert experiences and performs over 100 concerts each season.
- [San Diego Art Institute](#): The San Diego Art Institute's "Museum of the Living Artist", with its main gallery located in historic Balboa Park, is a center for the visual arts for the Southern California /Baja California region.
- [Spanish Village Art Center](#): A community of over 250 artists from the San Diego area. These working studios enable visitors to meet the artists, see demonstrations of art being created and enjoy the unique Spanish Village atmosphere.
- [San Diego Museum of Art](#): Located in the heart of beautiful Balboa Park, the Museum's nationally renowned permanent collection includes Spanish and Italian old masters, South Asian paintings, and 19th- and 20th-century American paintings and sculptures.
- [The Old Globe](#): The Tony Award-winning Old Globe is one of the country's leading professional regional theatres and San Diego's flagship arts institution. The Old Globe produces a year-round season of 14 productions of classic, contemporary, and new works.



Balboa Park

Museums

There are over 90 museums in San Diego County catering to a broad, diverse range of interests and subjects. From the fine arts, including classical, contemporary and folk art, to science and natural history, San Diego's museum world offers an abundance of options. The museums collectively dedicate themselves to preserving and caring for our cultural, natural and historic heritage.

- [Balboa Park](#): Often referred to as the "Smithsonian of the West," Balboa Park is the largest urban park with cultural institutions in the United States. Fifteen museums devoted to topics as varied as anthropology, art, aviation, natural science and technology are spread throughout the pristine gardens and historic Spanish Colonial architecture in Balboa Park.
- [USS Midway Museum](#): The USS Midway Museum is a maritime museum located in downtown San Diego at Navy Pier. The museum consists of the aircraft carrier Midway.
- [San Diego Natural History Museum](#): Located in Balboa Park, the museum's award-winning exhibit design team creates exhibitions on the unique and biodiverse southern California region.
- [San Diego Air and Space Museum](#): San Diego Air & Space Museum is an aviation and space exploration museum. It is located in Balboa Park and is housed in the former Ford Building, which is listed on the National Register of Historic Places.
- [San Diego Museum of Man](#): The San Diego Museum of Man is a museum of anthropology located in Balboa Park and housed in the historic landmark buildings of the California Quadrangle.
- [Old Town San Diego](#): Considered the "birth place" of California, Old Town San Diego gives visitors a glimpse into San Diego's colonial period from 1821-1872. At the center of Old Town is the Whaley House Museum Complex, which consists of five historic buildings, the most famous of which is the Whaley House.



USS Midway

Attractions

San Diego is home to many of Southern California's top tourist attractions which provide exhilaration, education and excitement for adults and kids of all ages. San Diego's close proximity to Anaheim also makes for an easy day trip to [Disneyland](#). For more information on the best way to enjoy the area's attractions and to purchase advance tickets, be sure and visit [San Diego's International Visitors Center](#), located on the bay front at Harbor Drive.

- [San Diego Zoo](#): The San Diego Zoo is a zoo in Balboa Park housing over 3,700 animals of more than 650 species and subspecies. Its parent organization, San Diego Zoo Global, is the largest zoological membership association in the world.
- [SeaWorld](#): SeaWorld San Diego is an animal theme park, oceanarium, outside aquarium and marine mammal park. SeaWorld offers interactive exhibits and thrilling rides.
- [Birch Aquarium](#): Perched on a picturesque bluff in La Jolla, the aquarium features 60+ tanks of colorful marine life, including dazzling coral reefs, thrilling sharks, undulating jellyfish and three outdoor tide pools. An interactive museum showcases research discoveries on climate, earth and ocean science.
- [Legoland](#): Legoland California is a theme park and miniature park located in Carlsbad, California, based on the Lego toy brand. The theme park features rides, performances and activities for the entire family.
- [Belmont Park](#): Belmont Park is a historic oceanfront amusement park located in the Mission Bay area of San Diego. The attractions and rides that remain from the original 1925 park include the Giant Dipper, a wooden roller coaster that is listed on the National Register of Historic Places.
- [San Diego Padres](#): San Diego's Major League baseball team.
- [San Diego Chargers](#): San Diego's National Football League team.



Downtown Entertainment

- [The Gaslamp Quarter](#): The Gaslamp Quarter is San Diego's dining, entertainment and urban shopping district.
- [Broadway San Diego](#): located at the Civic Center, there are many shows to see, including local talent!
- [San Diego Performance Theaters](#): San Diego is known as a theatre town, and that is because it sends more shows to Broadway than any other city in America. Here is a guide to some smaller, more local shows.
- [San Diego Symphony- Summer Pops](#): The Ashford University SUMMER POPS is San Diego Symphony's annual outdoor summer concert series. The concerts are performed on a stage constructed each year at Embarcadero Marina Park South, on San Diego Bay right behind the San Diego Convention Center.

Beaches and Outdoor Recreation

If San Diego is known for one thing, it would be for the city's gorgeous beaches and landscapes. With 70 miles of pristine coastline, year-around sunshine and mild temperatures, you can enjoy the surf and sand almost any day of the year. From expansive sandy beaches, rocky cliffs, reefs, tide pools and everything in between, the beaches in San Diego are as varied as the California beach towns that were built around them.

- [Point Loma Beaches](#): Point Loma is one of the best places in San Diego to meditate on waves crashing on the cliffs and explore tidepools in the rocky reefs full of marine life. If you're adventurous, drive out to the old Cabrillo Lighthouse and hike out to the tide pools by the point.
- [La Jolla Cove](#): La Jolla Cove is San Diego's most desirable spot for kayaking, snorkeling and diving. The water is calm and ecologically protected, and surfboards, boogie boards and other flotation devices are not permitted.
- [Torrey Pines State Natural Reserve](#): Torrey Pines State Natural Reserve is located within San Diego city limits, yet remains one of the wildest stretches of land on our Southern California coast. The reserve is visited by travelers from all over the world and by local residents who come daily to rest at the stunning overlooks, walk a peaceful trail, or exercise in a clean, beautiful environment.
- [Coronado Central Beach](#): Consistently voted one of America's finest beaches by The Travel Channel, Coronado's beaches glisten year around due to the mineral Mica in the sand. Coronado Central Beach offers tidepools, fishing in front of the Hotel del Coronado, fire rings and a dog run at north end.
- [Mission Trails Regional Park](#): Mission Trails Regional Park is a 5,800-acre open space preserve within the city of San Diego. The large urban park preserves nearly 5800 acres and includes Lake Murray and historical Old Mission Dam.

Dog Parks

All dogs shall be maintained on a leash not to exceed 8 feet, including trails and canyons in all parks. For those parks that have been designated dog [off-leash areas](#), dogs must be leashed until inside the posted boundary for the off-leash area. By law all dogs must be [licensed](#).



Mission Trails Park

Expat Resource Guide

- www.expatechange.com

Google Translator

- [Translate](#) 90 languages to and from language of choice using iTunes.

Volunteer Opportunities

- [Volunteer Match](#)
- [United Way](#)
- [San Diego Humane Society](#)

Parent & Children Resources

- [Mom's Clubs](#) - social groups offering events and outings with mothers and their young children.

Smart Phone Apps for Travel:

- [Uber](#) : Similar to a taxi service but all web based. Payment also handled online, do not pay or tip driver directly. Uber driver knows your approximate location based on your phone GPS.
- [Lyft](#) : Wherever you're headed, count on Lyft for rides in minutes. The Lyft app matches you with local drivers at the tap of a button. Just request and go.
- [Google Maps](#) : Map by direction
- [Apple Maps](#) : Map by direction
- [Map Quest](#) : Map by direction
- [Waze](#) : Community based traffic & navigation with alternate route suggestions
- [CityMaps2Go](#) : The #1 travel app lets you discover exciting new places. Beautiful photos and insider tips at the touch of a button. You will receive stories about places you like and can instantly save and find them on your maps and in your lists.

Smart Phone Apps for Communication:

- [WhatsApp](#) : Free local & international Real Time messaging
- [Line](#) : Exchange free instant messages with friends whenever and wherever with one-on-one and group chats. LINE is available on all smartphone devices (iPhone, Android, Windows Phone, Blackberry, Nokia) and even on your PC.
- [Viber](#) : Free text, calling, photo messages and location-sharing with Viber users. No registration, alias or invitations required. Instantly integrates with your own contact list. Best-quality mobile calls using 3G or Wi-Fi.
- [Skype](#) : Stay in touch with your family and friends for free on Skype. Download Skype today to chat and call on desktop and mobile.

Smart Phone Apps for Local Information/Reviews:

- [Angie's List](#) : Referrals for doctor, dentist, child care, maid, mechanic, painter, plumber, etc.
- [Yelp!](#) : Find local businesses, restaurants, bars, clubs, events, etc. with map, lists, and reviews
- [Next Door](#) : Neighbors share community events, items for sale, recommendations for babysitters, doctors and handymen, crime reports, ideas about how to improve their neighborhood and more.
- [Meet Ups](#) : Meetups are neighbors getting together to learn something, do something or share something. Cultural groups advertise gatherings here as well.

Smart Phone Apps for Weather:

- [AccuWeather](#): Local weather; includes radar and forecast
- [Weather Channel](#) : National and international time, temperature & weather
- [Tornado](#) : Set up tornado alerts & siren

Smart Phone Apps for Entertainment/Tickets;

- [Goldstar](#): Discounted tickets for theater, concerts, sports, and comedy events
- [Groupon](#): Find local deals on events, restaurants, spas, and more
- [Musement](#): Tickets to museums, attractions, and interesting activities in the city

U.S. IDIOMS

Idioms are words, phrases, or expressions that are not taken literally- they have meaning beyond a literal translation of the words. Idioms are generally used in casual, familiar conversation but can also come up in certain business settings. Here are some examples of commonly used American English idioms:

better off - in a more fortunate position

Big deal! - So what? That doesn't really matter.

(to) blow things out of proportion - to exaggerate; to make more of something than one should

(to) call it a night - to stop an activity for the rest of the night

dime a dozen - so plentiful as to be nothing special; common

(to) do the trick - to achieve the desired results

(to) give someone the cold shoulder - to ignore someone on purpose; to snub someone

(to) get the ball rolling - to get started

(to) go back to the drawing board - to start a task over because the last try failed; to start again from the beginning

happy camper [slang] - a happy person; a satisfied participant

(to) have a heart of gold - to be very kind and giving

(to be) head over heels in love - very much in love

(to) hit the nail on the head - to be right

(to) learn the ropes - to learn the basics

(to) lose one's touch - to no longer be able to do something well

made of money - very rich

needless to say - obviously

piece of cake - very easy

(to) pitch in - to help

(to) pull an all-nighter - to stay up all night to do work

rule of thumb - a useful principle

(as) sharp as a tack - very intelligent

(to) sit tight - to wait patiently

(to) stab someone in the back - to betray someone

(to) tell someone off - to scold; to tell someone in strong words what one really thinks

When pigs fly! [slang] - never

(to) twist someone's arm - to persuade someone; to convince someone

(to be) up in the air - not yet determined; uncertain

Many common American idioms come from sports, here are some examples:

strike out- to fail or to do poorly at something (*baseball*)

(to) call the shots- to make the decisions; to be in charge (*basketball*)

ballpark- a guess or an estimate (*baseball*)

down and out- lacking money or prospects; penniless or destitute (*boxing*)

down to the wire- to the very end or last minute (*horse racing*)

drop the ball- to make an error, to miss an opportunity (*football, baseball, rugby*)

hands down- with great ease; unconditionally; often (and originally) in the phrase “to win hands down” (*horse racing*)

(to) have someone in your corner- to have the support or help of someone (*boxing*)

(to) hit it out of the park; home run- to be wildly successful, to do a great job (*baseball*)



To learn even more idioms, visit the following links:

- [Everyday American English Idioms](#) - with example sentences.
- [Useful Idioms for Lower-Intermediate to Advanced Students \(Teacher's Resource\)](#)
- [Idiom Site A-Z](#)
- [Sports Idioms](#)
- [English Language Learning: American English Idioms](#)

PUBLIC HOLIDAYS

Holidays can be confusing as there are national (federal) holidays, bank holidays, state holidays. Verify those in your area with Human Resources at your place of business, especially before planning vacations or weekend get-aways!

[Federal Holidays](#)

[State Holidays observed in California](#)

The following are federal holidays in the United States and need to be treated as such by employers:

- New Year's Day January 1*
- Martin Luther King Day Third Monday in January
- Memorial Day Last Monday in May
- Independence Day July 4*
- Labor Day First Monday in September
- Columbus Day Second Monday in October
- Veterans' Day November 11*
- Thanksgiving Day Fourth Thursday in November
- Christmas Day December 25*

*If a holiday falls on a Sunday, the day following is observed as the legal holiday.

