



Relocation Guide to Seattle, WA

Redmond Edition

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IOR makes every effort to ensure the information contained in this guide is as current as possible. If you notice errors, or information which is no longer accurate, please contact us immediately so we may correct the issue.

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WELCOME AND OVERVIEW



Seattle Skyline

Seattle is the coastal seaport city of the U.S state of Washington. The name Seattle derives from the Native American name "Sealth"— who was the chief of the Suquamish tribe during the first wave of white settlers in 1851. Since 1851, Seattle has grown to be the 15th largest metropolitan city -Seattle has now grown over 652,000 residents. With exciting points of interest, virtual tours, self-guided walking tours, places to eat and shop—there is never a dull moment in this sensational city.

Seattle offers no shortage of places to go or delicacies to eat. A newcomer feels like every weekend is a vacation at an exotic location because of the proximity to dozens of glacier-capped mountains, ocean beaches with lighthouses, and inland lakes. You could try a different activity every single weekend without repeating the experience for two years. For example, water skiing on Lake Sammamish, sailing on Lake Union or Puget Sound, clam digging, mountain hiking, skiing, bicycling and eating at restaurants specializing in locally produced cheese.

Due to the diverse and exciting area, Seattle brings in more than 8 million visitors a year. With the wide intake of tourists that travel along the Seattle ground, there are 12,570 hotel rooms in Downtown Seattle alone.

Interesting Facts about Seattle:

- Seattle was the first American city to put police on bicycles. Seattle also has the highest percentage of people riding bikes to work compared to other US cities in size.
- The Columbia Center is Seattle's tallest building. It is also the 12th tallest building in the country. The Columbia Center, formerly the Smith Tower—built in 1914—was once the tallest building west of the Mississippi at 42 stories.

Seattle Overview

- Official Website of the City of Seattle
- Mayor of the City of Seattle
- Population: 634,535
- Land Area: 142.5 square miles (369.2 km²)
- <u>Seattle Parks and Recreation Department</u>
- <u>Seattle Public Library</u>
- <u>Weather today in Seattle</u>

History

- <u>History of the City of Seattle</u>
- Museum of History and Industry (MOHAI)

Recommended Reading (in print and available on <u>www.amazon.com</u>):

- Larry Gets Lost In Seattle John Skewes (Children's Story)
- <u>Lonely Planet: Seattle</u> Becky Ohlsen (City Travel Guide)
- <u>Seattle 100: Portrait of a City (Voices that Matter)</u> Chase Jarvis
- <u>Skid Road: An Informal Portrait of Seattle</u> Murray Morgan
- <u>Streetwise Seattle City Map</u>
- <u>Vanishing Seattle (Images of America)</u> Clark Humphrey

What to See, Sightseeing Tours, Value Packages and Passes, Tourist Information

- Seattle Visitor Center
- Seattle attractions
- <u>Save money on attractions</u>
- <u>Seattle tours</u>

Where to Find Arts & Entertainment

- The Seattle Times
- <u>Seattle Weekly Calendar</u>
- <u>Seattle City Search</u>
- Broadway in Seattle tickets & shows
- <u>Cinema listings & schedules</u>

Where to Eat

- <u>Make online restaurant reservations</u> with OpenTable.
- <u>Eater Seattle</u>: The Seattle Restaurant, Bar, and Nightlife Blog.
- <u>Seattle Magazine: Best Restaurants</u>

Redmond Overview

Redmond prides itself on planning for the future with residents and business in mind. The community's vision is as a city with two vibrant urban centers, in Downtown and Overlake and improved connections to our neighborhoods where City government provides quality and responsive services in partnership with an engaged community.

- Official Website of the City of Redmond
- Mayor of the City of Redmond
- Population: 62,458 (2016)
- Land Area: 16.94 square miles (43.87 km²)
- Parks and Recreation Department
- <u>Redmond Library King County Library System</u>
- Weather today in Redmond

History

- History of the City of Redmond
- <u>Redmond Historical Society</u>

What to See, Sightseeing Tours, Tourist Information

- <u>Redmond Tourism</u>
- <u>Redmond Calendar of Events</u>
- Things to do in Redmond

Where to Find Arts & Entertainment

- <u>Redmond Events</u>
- <u>Redmond Reporter</u> for local news and events
- <u>Cinema listings & schedules</u>

Where to Eat

- <u>Make online restaurant reservations</u> with OpenTable.
- Redmond Best Restaurants

Tipping & Sales Tax

When you eat in a restaurant in America, you are expected to leave your server a tip, as it is not included. In a bar, café, or modest restaurant, 15% of the total bill is acceptable. However, in an upscale restaurant (fine dining), a tip calculated on 20% of the total bill is the norm. In Seattle restaurants, if you have a party of six or more, the tip is included in the bill.



Daylight Saving Time

Seattle and Redmond are in the Pacific Time Zone and participate in Daylight Saving Time. Daylight Saving Time begins at 2:00 a.m. local time on the second Sunday in March. On the first Sunday in November areas on Daylight Saving Time return to Standard Time at 2:00 a.m. The names of each time zone change along with Daylight Saving Time. Eastern Standard Time (EST) becomes Eastern Daylight Time (EDT), and so forth. Some areas of the United States not using Daylight Saving Time include, Arizona, parts of Indiana, Puerto Rico, Hawaii, U.S. Virgin Islands and American Samoa.

Map of Seattle/Redmond



IN CASE OF EMERGENCY DIAL 911 FOR FIRE, POLICE & AMBULANCE

Language line: If the person calling 911 is unable to speak English, they can tell the operator what language they speak. The 911 Operator will have an interpreter on the line within one minute to assist with the translation.

They will ask for the following information so keep this page close to your phone:

NAME	
ADDRESS	
PHONE	

If you accidentally call 911, please do not hang up. The police will automatically be dispatched to your home to make sure there are no problems. Explain to the Operator the call was an accident.

If you have an issue or question for something that happened in the past, or something that does not require an immediate response, call the non-emergency line at 425-556-2500.

POISON CONTROL ANIMAL POISON CONTROL

(800) 222-1222 (888) 426-4435

Other Important Numbers: <u>CLOSEST CONSULATE OFFICE</u> PRIMARY CARE PHYSICIAN WORK PHONE NUMBER

Safety and Security

While Redmond is relatively safe, it is still a major city. Like every major metropolitan area in the USA, there is some crime.

Take basic precautions: lock your car, lock your doors and windows in your home, be aware of strangers and things that just don't seem right. It is always better to be cautious.

Check here for a list of crime rates per neighborhood in Redmond.

Urgent Care Centers

An Urgent Care Center is different than a Hospital Emergency Room. An Emergency room would be in an absolute emergency. You may visit an Urgent Care Center if, for example, you have a terrible ear ache and need medicine immediately but your Primary Care Physician's office is closed. Many Urgent Care Centers have extended hours and are open early morning until late evening during the week and also some weekend hours. Be sure to refer back to your health insurance company to clarify which urgent care centers and primary care physicians you are allowed to visit using your health insurance. Your insurance card should have a toll-free 1-800 number on the back for you to call and ask questions and clarify which urgent care center would be closest for you. Please always carry your insurance card with you!

Hospitals & Clinics

- Evergreen Health Medical Center
- <u>Kaiser Permanente Redmond Medical Center</u>
- Swedish Redmond Campus

Veterinary Clinics and Humane Society

- Adopt a pet in Redmond
- VCA Redmond Animal Hospital
- Animal Emergency Hospital of Redmond 24 hour care
- Veterinary Services in Redmond
- License your pet in Redmond

Pharmacies

There are several major pharmacy chains in the area, found on nearly every block on commercial streets. These pharmacies are also general stores and carry a large selection of cleaning, house care, pet care, and other supplies. Click on "Store Locator" and enter your zip (postal) code to find the pharmacy near you. Many pharmacies are open 24 hours. Check for hours of operation.

- <u>CVS</u>
- <u>Rite Aid</u>
- Walgreens
- List of Redmond Pharmacies

HOUSING

A lease is an agreement that outlines the obligations of the owner and the tenants of a house or apartment. It is a legally binding document, so it is important for you to know the exact terms of the lease agreement before you sign it. Please do not sign a lease without reviewing it with your IOR DS Consultant.

Types of rental properties

• Apartment

An apartment is rented from a company or individual that owns the property. Apartment buildings are usually multistory with people over, under and beside each other with common hallways or walk ways. Apartments are often rented from a company or individual in the form of an individual lease with no bearing on the other tenants of the building (besides noise complaints, property damage, etc.)

• Studio Apartments

A studio apartment is basically a one room apartment with sleeping, dining and kitchen all in one room plus a full bathroom. A "convertible" or "alcove" studio may have a nook or area which can be sectioned off separately for sleeping.

• Condominium

A condo is a communally owned estate and the owners share the ownership of the common areas such as grounds and hallways. Condominiums may be apartment style buildings or town house type buildings, but condo owners do not usually own the land. Condo owners are required to pay monthly common maintenance charges; although these might be reflected in your rental rate (it is important to clarify this with your landlord).

• Townhouse

A Townhouse is a kind of structure where the individual properties are flush against each other with tiny front and back "yards" and shared walls between them. Almost always they are multistory single family. Usually townhouse owners own the property under their townhouse.

• Single Family Houses

Single-family houses are free-standing rental properties that are habited by one person or a family. As you do not share this rental space with any other tenants, single-family homes offer the most amount of privacy. Homes also often come with a parking spot and/or garage space, but may require that you handle certain maintenance items (i.e. your lawn, minor repairs, etc.)

Rental Agents

In most situations, your IOR consultant will partner with a local realtor to have access to the most current and extensive property listings as well as the realtor's expertise in preparing and negotiating leases. This agent receives a commission for their assistance, in most US locations this commission is paid by the Landlord, not the tenant. Your IOR DS Consultant will discuss this with you.

Renter's Rights

Tenants who lease or rent property are protected against discrimination by <u>The Fair Housing Act</u>. If you think your rights have been violated, you may write a letter or telephone the Housing and Urban Development (HUD) office nearest you. You have one year after the alleged violation to file a complaint with HUD, but you should file as soon as possible.

While you can generally expect the same service from landlords, it's important to know your state's laws. Each state and most major cities have their own tenant rights, laws and protections. <u>Here are Washington's.</u>

You can also visit the HUD website here for a full guide to renters' rights by states.

If your rental property ever suffers any defects that make your place uninhabitable, your landlord has a duty to fix it. While some apartments let you make online requests for repairs, as well as provide a phone number for "emergencies," always make sure you document your request in writing. The landlord will then have a certain amount of time to make those repairs.

Privacy

You have the right to privacy. While the landlord owns the property, they can't access it anytime they want. All states have laws stating renters have a right to privacy while renting. Pretty much the only time the landlord can come into your rental without permission or notice is when they're responding to an emergency that threatens injury or property damage.

Any other time the landlord wants to enter your apartment, they need to have your permission and in most cases give you 24-hours' notice before entering.

What to expect from the landlord:

In most states, you are legally entitled to:

- Safe structural elements including floors, walls, roofs, and secure doors and windows.
- Privacy as described above.
- All electrical, plumbing, heating and air conditioning systems function.
- Working hot and cold water.
- Exterminating infestations of rodents and other insects.
- Access to trash receptacles.
- Landlords cannot discriminate based on race, gender, sexual orientation, or disabilities.
- Apartment buildings sometimes come with laundry and dryer machines in the basement.
- Water, electricity, and gas bills are up to you to pay. Your IOR DS consultant will assist you with this process.

Utilities and Appliances

Your IOR DS Consultant will assist you or provide information on connecting your <u>utilities in Redmond</u>. It is possible some will be included in your rent, but typically most are not.

If you are moving from Europe to North America, you might be surprised at the relatively large size of the kitchen appliances in your accommodation, especially the refrigerator! It may also surprise some expats that properties are rented **with** appliances. In the US it is standard for properties to include a refrigerator, stove, and oven. Properties may also include a dishwasher, microwave, washer and dryer depending on the location, size, and price point.

Note that you will need a social security number in order to register and pay for utilities

Recycling

Redmond recycling information <u>here</u>.

The Lease Process

Review your housing budget with your IOR DS Consultant

Your IOR DS Consultant can help you understand what kind of property you can afford. You also need to take into account that you may be responsible for some of the utility costs of your rental.

Know what you want

What are you looking for in a property? Do you want a studio or a single bedroom? Maybe you want to rent a single family home? Do you need the property to come with appliances, including washer and dryer? Do want it to be close to school or your work? Do you want it to be within walking distance of retail, like groceries or coffee shops? Are you looking for a child friendly area? Keep in mind that outside of the city center in major cities, there is not much public transportation and most locals drive everywhere.

Identify potential apartments

IOR offers home finding services to aid you with this process. Your consultant may work with a local broker who will help to organize appointments and visit properties. They will also assist in the rental application and the leasing process.

Common Abbreviations and Acronyms used in rental housing listings

<u>Acronym</u>	Meaning	<u>Acronym</u>	Meaning
24-hr mtn	24-hour emergency maintenance	LA	Living area
AC or A/C	Air conditioning	LR	Living room
Appls	Appliances	MBR	Master bedroom

	1		
Apt	Apartment		MBTH
ВА	Bathroom		Neg
BR	Bedroom		Ofc
Bsmt	Basement		OSP
CAC	Central air conditioning		Pkg
DA	Dining area		РМ
Det	Detached		Pvt
Dk	Deck		Pwdr
DR	Dining room		RE
Dw (D/w)	Dishwasher		Renov
Eff	Efficiency		Rf
EiK	Eat-in kitchen		Rm
Fin bsmt	Finished basement		SF
FDR	Formal dining room		SFA
FHA	Fair Housing Act		SFD
FMR	Fair market rent		Sp, Pl (S/p)
FP	Floorplan		Sq. ft
Gar	Garage		Th (T/
H/A	Handicapped accessible		Vw (v
H/W	Hardwood floors		W/A
Hi ceil	High ceilings		w/w
HVAC	Heating, ventilation, and air conditioning		

MBTH	Master bathroom	
Neg	Negotiable	
Ofc	Office	
OSP	Off-street parking	
Pkg	Parking	
PM	Property manager (management)	
Pvt	Private	
Pwdr rm	Powder room (1/2 bath)	
RE	Real estate	
Renov	Renovated	
Rf	Roof	
Rm	Room	
SF	Single-family	
SFA	Single-family attached	
SFD	Single-family detached	
Sp, Pl (S/p)	Swimming pool	
Sq. ft	Square feet	
Th (T/H)	Townhouse	
Vw (vu)	View	
W/A	Wheelchair accessible	
w/w	Wall-to-wall carpeting	

Visit

Make this process as efficient as possible by visiting as many potential properties as you can in one or two days. Try to go sometime during the week if possible. Your IOR DS consultant will work with you to set an appropriate schedule and to ensure that the properties you visit meet your needs as closely as possible.

What to do once you're there

As you look at the rental unit, be sure to ask a lot of questions. While you should keep small concerns to yourself about the unit while looking at it, feel free to ask the landlord or apartment manager any questions you might have that will help in your decision. Here are some possible questions you may consider asking:

- What's the monthly rent?
- Are any utilities included with the rent?
- How much is the security deposit?
- When is rent due? Do you have auto-pay?
- What's the make-up of the other tenants? Are they mainly younger students? Married couples with families? Older folks?
- What's the parking situation like? Do you pay for a parking spot?
- Do you take care of small maintenance issues or am I responsible for some of the repairs in the property?
- Am I able to re-paint the walls or make other modifications?

Again, be friendly and polite when you ask these questions.

The Application

The next step in the leasing process for an apartment is to submit a rental application for the location you want. The manager or landlord will be able to give you the application as well as anything else that they may need to have filled out. Your IOR DS Consultant will assist with this process. For a single family home there will likely be a rental application.

You will need your passport, Social Security number, Visa, and proof of employment. Some landlords may charge you an application fee which could be between \$20 to \$400 dollars, depending on the landlord. This could be a combination of an application fee and move-in fee.

Once you've done this, it can take up to a few days to hear back from the property manager. Once your application has been approved the lease approval process will begin with IOR and likely your employer.

Signing the lease

DO NOT SIGN THE LEASE until your IOR DS Consultant has reviewed it in full and given their approval.

The lease is a binding contract, so it is very important to pay attention as a leasing agent goes over it with you. It is perfectly normal for you to take your time and read all the fine print for yourself. If you are working with an IOR DS consultant, make sure to talk with them and receive approval before signing. You will also be given a copy of the lease to take with you and keep for your records, but it is very important to know everything included in your lease from the start.

Some things to look for in a lease:

- Term of the lease and any important dates such as when the rent is due.
- Extra fees for parking spaces or storage, garbage collection and pets.

- Information regarding utility providers and whether you or the landlord is responsible for those bills.
- Notification requirements in case of renewal.
- Requirements/responsibilities of the tenants to do routine repairs such as lawn maintenance, cleaning or notification of repairs.
- Clauses that allow the landlord to change the terms of the lease after it is signed.
- Restrictions that would prevent you from living normally or comfortably in the home.

Sometimes landlords will ask for a security deposit before you sign the lease. This is normal, but you shouldn't pay in cash. Make sure all payments are made out as a check or money order just in case.

What to expect from the lease

Most leases in the United States include the following or a variation thereof:

- Your employer requires that all leases include a Break Clause in case you are transferred for work or personal needs.
- Contracts will often be for periods of a year or more.
- Minimum stay. Typically three fourths of your lease contract time. If you choose to move out before this date, you will lose your security deposit. If you move out afterwards, you are still required to give a specified number of days notice.
- Security Deposit. Landlords will expect you to leave them with a deposit (usually about one to two month's rent) that they will hold for the duration of your lease. You will receive your security deposit back at the end of the lease provided you don't break any specific clauses in your lease, such as moving out without proper notice, not paying rent, causing damages to the property, etc.
- Landlords should not be given unchecked access to your apartment. If there isn't anything in your lease about landlord's rights to enter the leased premises, suggest the following clause:

Entry by the Landlord. Landlord or his agent will not enter Tenant's home except to deal with an emergency; to make necessary or agreed repairs; to supply necessary or agreed services; or to show the unit to potential purchasers, tenants, or repair persons. Unless there is an emergency, Landlord will give Tenant at least 24 hours' written notice of the date, time, and purpose of the intended entry and will schedule entries during normal business hours, Monday–Friday.

Most landlords will be hard-pressed to say no to such a reasonable clause. If the landlord refuses, it's a sure sign that he won't be reasonable in other respects, too. Continue on in your housing search.

Moving In

On your selected move-in date, after the lease has been signed, and deposits have been paid...you should be given your keys and more than likely a move-in form to fill out. Your IOR DS Consultant will assist you with an initial walk through of your apartment. Look for dings in the walls, cracked windows, or other irregularities and report them on this form. This will indicate that these things were there before you moved in and you will not be held responsible for them at the end of the lease term.

Get Renter's Insurance

Renter's insurance covers any loss to your personal property due to robbery or accidents. It also covers any damage you might cause to other tenant's property. For example, let's say your washing machine springs a leak and water seeps through the floor and ruins your neighbor's antique dresser. Renter's insurance would cover that.

Renter's insurance will cost approximately about \$15-125 a month, less if you tack it onto another policy (like auto) you have with an insurance company. A few popular options are <u>Allstate</u> and <u>StateFarm</u>.

U.S. EDUCATION SYSTEM

When relocating internationally, your children's education is of great concern. IOR eases this concern by exposing you to the various school options available for your child and helping you to work within the framework of options to find the best solution for your family.

I. Overview and Philosophy of the United States Educational System

In most U.S. locations you will have the choice of sending your children to either a public or private school. A public school must accept your child for enrollment if you live within its designated district. A private school may have a general curriculum similar to that of public schools, but may or may not accept your child depending on availability of space, your child's prior academic history, language ability in English, or the result of entrance exams. Private schools charge a fee, which can be quite high. If you are considering private school, be sure you have a clear understanding of your employer's policy regarding reimbursement. In the U.S. approximately 85% of the children attend public schools for ages 5 to 13, and approximately 93% of the children attend public school at the high school level. Many, though not all, private schools are parochial, or religiously affiliated schools.

A third option called 'charter school' is sometimes available. Charter Schools are similar to public schools in that they are free, non-religious, publicly funded, and are held to state and federal academic standards. Each charter school is governed by its own local school community, which often includes parents and teachers - rather than a district. This freedom allows teachers to be more innovative, and communities to shape their local school. Charter schools can set their own hours and adjust their curriculum to fit their student needs, and give teachers the opportunity to experiment with next-generation teaching models including technology and the virtual classroom. Charter schools typically admit students by random lottery and do not restrict enrollment based on location, academic achievement, or other factors private schools may consider.

Most Americans, regardless of their level of education and income, send their children to public schools. Because each town or community typically has its own school system funded by local municipal taxes and state revenues, residents in an area with a higher tax base can usually be assured of quality public education. IOR is very conscientious about placing assignees and their families in areas with good public school systems.

Private schools do not receive state revenue, although they may be entitled to assistance with transporting students and providing for special needs such as speech therapy and assistance of the learning disabled. Private schools are funded through tuition paid by the student's parents. Typically, there are additional fees for books, uniforms, and school supplies, and the parents are usually solicited for additional charitable donations. There may also be book or activity fees at public schools.

The public education system in the U.S. is administered by local and state government, rather than by the federal government. Each state has a board of education which sets policy for all school districts and standards which all students must achieve. In addition, each local district has a board of education which sets local policy and curriculum within the parameters set forth by the state.

School districts can provide specialized programs and services for children with special needs. The general philosophy of education in the United States is to educate the entire diverse, ethnically mixed population with equal educational opportunity for all, while serving the educational needs of the individual student.

If you choose public education for your child, the particular school your child attends is determined by the school district boundaries containing your residential address. The school may or may not be within walking distance to your home. Generally, if the distance to the school is greater than one mile, the school district provides bus transportation to and from school. For those children who do not live far enough away from the school for bus service but are too far to walk comfortably, parents may have the option of paying for bus transportation, or they may choose to drive their children to and from school. Very often parents form 'car pools', sharing the responsibility of driving groups of children.

Generally private schools do not have residential boundaries for their students' families. In most cases, parents rely on car pools to ease the burden of transporting their students to and from school. In selecting your home, consider the driving distance and time to and from the private school.

Ultimately, the school your children attend is determined by your residential address, so it is a good idea to include visits to potential schools and properties in your pre-trip visit. Your pre-trip visit will consist of selected sample houses in a variety of communities, along with information, or perhaps visits, to the appropriate schools. However, there may be a limited selection of homes available within each community. It is possible you may find a school you like, but there may not be any available housing options within that school's enrollment radius. We will show you housing in school districts with proven academic standards, but be aware there are cases when certain schools are unavailable due to housing concerns.

If you are considering a private school, you may wish to visit it as well as a public school to compare. It would be advisable, however, to first determine if the private school has space available for your child. Additionally, you will want to know the amount of tuition and fees for the school, as that may be a factor in your decision.

II. Academic Standards

A. Curriculum:

The overriding objective of elementary and secondary education, public or private, is to prepare students for higher learning and future employment. Each school district or private school will have a unique curriculum which meets the above overriding goals.

Elementary School:

The elementary years (kindergarten through fifth grade) focus on fundamental academic skills, language arts, social studies, science, and mathematics in addition to introduction to technology, art, music, physical education, and sometimes foreign languages. Students' personal development is energized through emphasizing strong work habits which provide a positive feeling toward learning.

Middle School:

Middle School helps children in early adolescence (sixth through eighth grade) transition from elementary to high school and from childhood into young adulthood. The structure of the school day includes contact with several teachers who specialize in their subject matter; students usually move from one classroom to another. Curricular content focuses on expansion of skills in math, science, reading, writing and social studies. Further exploration of foreign languages, practical and fine arts, music, health, physical education and computer literacy are also provided. Middle school students are able to enhance their formal education by participation in school sponsored adult supervised competitive athletics and a variety of clubs and special interest groups.

High School:

The premise of elementary and middle schools is to prepare students for the academic, social, and physical challenges of high school. All high schools maintain defined academic requirements for graduation, however great flexibility of classes is usually available within this framework. Most schools provide more challenging academic courses entitled honors or advanced placement which award college credit to successful students. High school extracurricular and athletic activities are more competitive than those found at lower levels and often provide talented students with opportunities continue this activity in college or university.

B. Grading Systems/Assessment of Child Progress

Schools typically report students' progress to parents with written report cards, which may be either mailed or carried home by the student. Many schools also set one or two days aside each semester for parent/teacher conferences. These conferences are an opportunity for parents to meet with their children's teachers and hear the teacher's evaluations of their student's performance in school. At the elementary school level, where children usually have one primary teacher, a teacher conference may last from fifteen minutes to an hour in length. At the middle school and high school levels, you may meet with your child's teachers for a period of five or ten minutes. If you need additional time with the teacher, you may schedule a follow-up visit allowing time for a more complete discussion. It is a good idea to participate fully in teacher conferences. Your children's teachers may be able to provide valuable insight regarding your children's academic and social adjustments. Should there be concerns, they may be able to assist you with helpful suggestions of additional resources to contact.

C. Standardized Testing

Challenged to prepare students for higher learning and future employment, all school districts and private schools utilize standardized testing to measure student progress over time and compare themselves to national standards. Such tests are prepared by national groups of parents and educators as well as business and academic leaders. Tests vary from state to state, but typically students in prescribed grade levels (for example, grades 3, 6, 8 and 10) are tested in the areas of reading, mathematics, writing science and social science. Colleges and universities use the ACT and SAT tests to measure incoming student abilities; the results of these tests are nearly as important as high school grades when students apply for entrance into US colleges and universities.

III. Definition of School Groupings

A. Pre-School or Nursery School

In the U.S., 3, 4 and some 5 year olds have the opportunity to attend a pre-school under a private system. These schools can be located in a local school, a church, or an independent free standing building. Pre-school is not publicly funded and is fee-based. Typically children are grouped by age. Most of the schools are play-based, although different philosophies of formal education can be found. Typically, 3 year olds attend 2 half days a week and 4 year olds may attend 3 half days a week. Some preschools also serve as day care centers for families in which both parents work. Typically reading is not taught in pre-school, although a few programs can be found which include reading fundamentals. Concentration of learning is on small and gross motor skills, and basic academic readiness skills. Some pre-schools offer a full-day Kindergarten option for those parents who work. The public school kindergarten programs are typically only half day programs with no before or after school care. If a Kindergarten program is offered it follows the state curriculum guidelines, and teaches pre-reading and math skills.

B. Elementary School

Elementary school provides education for children ages 5 to 11, Kindergarten and Grades 1,2,3,4 &5. While kindergarten at age 5 is not required, most families send their children to kindergarten. Elementary school is the beginning of publicly funded school. In the U.S. children are grouped by age and advanced in school by age. There are usually opportunities within the grade for different levels of learning, with opportunities for advanced learners and remedial learners. The public elementary school is usually neighborhood based and the source of playmates for your child. In the U.S., pre-reading skills are introduced in kindergarten (age 5) along with early math skills. Formal reading begins in the 1st grade (age 6). Studies have shown that while children learn to read at different ages, the difference between early and late readers is not a predictor of reading skills by about the age of 8 or 9 years old. In addition to reading and math, elementary school also has a broad base of writing, science, social studies, art, music, computer, personal development and physical education. Only in a few schools will a 2nd language be introduced at the elementary level. English as a Second Language (ESL) is offered starting at the elementary level in the public school. Parents are allowed to visit the schools, and there are many opportunities for parents to volunteer their skills, particularly at the elementary school. Parents may approach teachers and administrators with suggestions and concerns with their child. Usually the personnel are willing to consider changes if they feel it would be in the best interests of the child. With a child coming to a new country and sometimes starting a new language, feel free to talk to the school if you think something could be done to ease your child's adjustment. The school day is from approximately 8:30a.m. to 3:00p.m. with recess (playtime break) and a lunch break at the school.

C. Middle School

Middle school provides education for children ages 11 to 14, grades 6, 7 & 8. The children attend school in a different location and in the public school system several elementary schools will combine into the same middle school. A middle school is usually 2-4 times the size of the elementary school. Middle school is considered the transition between elementary school and high school and from childhood to young adulthood. Because of this philosophy, U.S. students at this age level are all introduced to the same academic curriculum. The school day is structured differently with the children changing class rooms and teacher with each subject. There are 6-8 different class periods daily. Within the grades children may be separated by academic ability in classes, particularly math and English. Often an introduction to foreign languages is offered. For those who choose, the student may have the option to complete one year of high school foreign language during middle school. If your home country requires more advanced language development at this age, you may want to consider outside supplemental language instruction. Middle school is a time when extracurricular activities such as theatre, music, sports and clubs become important activities in adolescent life.

D. High School

High school provides education for children ages 14 to18, grades 9, 10, 11 & 12. It is the final level of education before the university, community college, or trade school. The terms Freshman (9th), Sophomore (10th), Junior (11th) and Senior (12th) are also used to identify grade level. At the high school level the student has more specific choices of course work. Each district has a set of minimum graduation requirements, which will include courses in English, math, science, social studies, physical education and a combination of foreign language, fine arts and practical arts. Within this framework the student has various choices from more remedial levels, average levels, and more advanced levels. If a student is prepared for the material, by the 11th or 12th grade a student may have the opportunity to take a college level course for advanced credit in the U.S. university system. In high school competitive sports are offered along with theatre, orchestra, instrumental and vocal music and clubs. Your child will have an opportunity to meet more U.S. children by participating in a school extracurricular activity. Each school district has 1 or more high schools with 800-2500 students. A student's high school

performance may determine the type of university or higher education program they pursue upon graduation. During high school national tests are given to determine the student's potential to advance to various higher education levels.

If your child anticipates returning to your home country to continue higher education within your university system, you might want to consider the International Baccalaureate (IB) program. This program is recognized internationally for entrance to universities. In contrast to the typical high school college preparatory curriculum, the IB semester consists of fewer subjects, studied in greater depth and with a bilingual proficiency. Developed in Switzerland, the curriculum was intended as a secondary education program which could be utilized and accepted worldwide. Not all US schools will offer an IB curriculum.

E. Post-Secondary Education

While most families on international assignment do not bring their older children (19 years+) for education in the U.S. we include a brief description of the US university system. Some form of post-secondary education is available to those U.S. students who seek it. Each state offers a public university system which the tuition is partly subsidized by the state for state residents. Residency of at least 1 year is necessary. Some are medium to large institutions (with undergraduate and graduate level programs). Some can be quite competitive for admission while others may not be competitive at all. Student's admission to the university is in part determined by their high school academic performance and course selection and as well as the results of a national standardized test (SAT or ACT). Post-Secondary is the educational level that students in the U.S. study subjects in great depth and select their majors and career choices. Graduate level programs on the master level, professional level, and PhD level are pursued after completing the 4 years of undergraduate studies.

IV. Life in Schools

A. Atmosphere

It is valuable to visit your child's school to understand the academic and non-academic atmosphere that prevails. Administrators or counselors are happy to serve as tour guides and should always be contacted in advance. Do not be alarmed if your visit takes place during the lunch hour if the children seem a bit rambunctious. Students in American public schools generally enjoy a great deal of personal freedom in the cafeteria, on the playground, and in the halls before and after class. They are supervised by teachers or members of the school staff, but they generally are more relaxed in the lunch room and in the halls. If you are visiting on a rainy day, you may observe "indoor recess" in the gymnasium which could be noisy. Rest assured that when they are in the classroom, students do settle down and work quietly and diligently. Some classrooms are more informally arranged than others. For instance, some teachers prefer to have the children's desks in a circle rather than in rows. Teachers will sometimes assign group projects, where several students work together and are thus not seated at their desks during a part of the classroom period. Teachers are expected, however, to have good control of their classrooms. Private school policy regarding these issues of personal freedom varies. Some private schools function as the public schools do, while others may have a more closely supervised approach. Again, it is always a good idea to visit the school so that you are comfortable with that particular school's management style.

B. Parental Involvement

In addition to participating in parent/teacher conferences, most American schools encourage parents to become involved in the volunteer activities of the school. Most schools have a "PTA" (Parent Teacher Association) or "PTO" (Parent Teacher Organization). These organizations usually work with the school administration, dealing with issues such as student safety, communication to parents, academic concerns, etc., as well as fundraising and planning special programs to enhance the school experience for the student population.

Getting involved with the PTA or PTO is a great way to become well informed about your child's school. It also provides you with an opportunity to meet and really get to know other parents. There will probably be a choice of committees on which you could work; you do not have to commit to a leadership role. Some volunteer opportunities may involve actually working in the school, volunteering in the school library on day a week or one day a month for example. Be sure to alert the school administration that you would like to get involved, and ask for the name and phone number of the head of the parent volunteer organization at the school. Parent volunteers are usually welcomed and encourage at all levels at all schools, both public and private.

C. Extracurricular Activities

A well-rounded education requires that students learn their academic subjects as well as develop socialization skills and learn nonacademic skills. Belonging to a group can be a rewarding connection with peers and a good way to develop self-confidence. These are the reasons that schools, public and private, provide numerous extracurricular activities from which their students can chose to participate. At each level of education the opportunities and choices increase. For example at the elementary school level, all students are introduced to art, music, drama and a variety of athletic experiences. At the middle school level, students have required courses in some of the above areas but are provided opportunity to participate in after school activities of their choice. For example, competitive football, soccer, swimming, track, lacrosse, basketball etc. In addition many clubs allow students to pursue other interests, for example, computers, drama, fine arts, forensics, jazz band, photography, yearbook and student council. Almost universally, each activity or club is sponsored by adults, using specialized instruction, who demonstrate a working knowledge of the activity and a desire to teach children. An even greater variety of extracurricular experiences are available at the high school level, many of which help students identify strengths, talents and interests which may direct them to future colleges, vocations or avocations.

D. Facilities

All schools maintain facilities other than classrooms which enhance or support their educational mission.

Libraries and Media Centers

Libraries are universally available and are accessible to students throughout the day and often after hours. Libraries often contain a "media center" which maintains and makes available other types of educational materials including computers and software, audio and video tapes, slides, sound sequences, projectors and recorders of various types for use individually or in groups. The wide availability of computers and access to the internet has provided almost unlimited opportunities for students and teachers to obtain information that can enhance and facilitate learning.

Fitness Facilities/Gymnasium

Fitness facilities or 'gyms' as they are typically referred to, are supplied by almost all schools in the United States. Gyms often consist of a large indoor court with various sports equipment. They are open during lunch hours and for specific hours before and after school for athletes or students who wish to exercise. Many gyms will be accompanied by a weight room and a locker room with a shower. Students are sometimes expected to use these communal showers following Physical Education classes or general use of the gym's facilities.

SCHOOLS IN YOUR AREA

Generally, to register your child for school you will need to have a passport and/or birth certificate, proof of immunizations, any applicable past school records and proof of residency. Most public schools have boundary areas, and you must show proof (i.e. copy of lease or home purchase agreement) to be allowed to register in that particular school. Please always confirm requirements with the school you are interested in before assuming that your child will be able to attend that school.

Grade level in the public school system is determined by the age of the child. Typically, the child must be 5 years old by September 1st to enter kindergarten. School districts may be very strict about the age requirement, but inquire with the school district you are interested in to determine if there are any exemptions for foreign students who are ahead in grade level. You may also want to ask about any gifted or advanced programs as well as their English as a Second Language (ESL) Programs. Some elementary schools also offer a pre-Kindergarten program for children who miss the September 1st requirement. You may inquire at the school districts for availability.

Contact your IOR Destination Services Consultant for more assistance with schooling questions.

Public Schools in Redmond

<u>Redmond High School</u> is a four-year public high school located in Redmond, Washington, one of four high schools in the Lake Washington School District. Lake Washington School District high schools offer many of the same classes in every high school, but the schools have differences as well. Students can attend their neighborhood school, attend a Choice school that draws students from all over the district, or ask for a variance to attend a different neighborhood school. Before entering high school, students and their families may want to learn more about what makes their neighborhood school unique or explore options at all of our schools.

Unfortunately, due to space limitations, students may not be able to attend the option that is most appealing to them. Choice school enrollment is determined by lottery and students must apply in January during the school year before they would begin attendance. High schools may have limited variances for students who do not live in their neighborhoods, so acceptance at another school is not guaranteed.

Private Schools in Seattle

There are 14 private schools in Redmond, WA, serving 2,146 students.

International Schools

There are many benefits to sending your children to international schools. One such benefit is a diverse enrollment of classmates that all celebrate numerous different cultures. This can make a new student feel more comfortable in a classroom when they are just moving to a new area. Along with that, although English is the main language in most of these schools, many of them offer English language support for student that need it.

Please note that lottery- based schools do suggest applying at least 1 year before desired entrance year and certain qualifications might be required.

International Schools in the area

- Interlake High School part of the nearby Bellevue School District, admission by residence
- <u>International School</u> ICS is a Bellevue choice school, open to students from the Lake Washington School District.
- International Community School: Kirkland, by lottery only
- <u>Newport High School:</u> Bellevue, admission by residence
- <u>Skyline High School:</u> Sammamish, by residence

Additional resources to compare Public and Private schools, view ratings, reviews and test scores

- <u>www.greatschools.org</u>
- <u>www.eschoolprofile.com</u>
- <u>www.schooltree.org</u>

Seattle Area Colleges and Universities

If you have a brood of teenagers or a spouse planning to go back to school, the greater Seattle area offers more than a dozen opportunities for higher education:

- <u>Antioch University Seattle</u>
- Art Institute of Seattle
- <u>Bellevue College, in Bellevue</u>
- <u>City University of Seattle</u>
- <u>Cornish College of the Arts</u>
- <u>North Seattle Community College</u>
- Northwest University, in Kirkland
- <u>Seattle Central Community College</u>
- <u>Seattle Pacific University</u>
- <u>Seattle University</u>
- South Seattle College
- <u>University of Puget Sound</u>
- <u>University of Washington</u>



University of Washington

BANKING

Banks and other financial institutions, such as credit unions, offer a variety of services. These services include:

- checking and saving accounts
- credit and debit cards
- online bill pay
- loans
- insurance
- financial planning

Banks in the United States are insured by the Federal Government for deposits up to \$250,000 per depositor per bank. The bank or credit union will display the letters FDIC (Federal Deposit Insurance Corporation) as proof.

Checking and Savings Accounts

To open a checking or savings account you will need the following information:

- Two forms of picture identification including but not limited to your passport, driver's license, or work ID.
- Social security number. If you have not yet received your social security number, the bank can open an account with a W8 Temporary Tax ID form (available at the bank). You will need to call the bank with your social security number once it arrives in the mail.
- Local mailing address. You may use your office address as your mailing address, but be prepared to call your bank branch as soon as you have your permanent address.
- Letter of Employment
- Cash for the initial deposit can range from \$25-\$150 dollars.

Checks

More businesses and banks are offering online or automatic bill paying options. However, you may still need to pay some bills by mail. **NEVER SEND CASH!** You will want to order at least the minimum quantity of checks. This will cost a set fee that the bank will charge you. The checks will be pre-printed with your name, address, telephone number and account number and will be mailed to your home.

ATM or Debit Card

The most popular way of obtaining cash is by using an ATM (Automated Teller Machine) card, also referred to as a debit card. ATM's are located in most banks, malls, airports, grocery stores, and in many other public places. You will be given a PIN (Personal Identification Number) for using your card. It is important that you memorize this number and not keep written record of it with your card in order to protect your account. Most ATM's will take all cards, but many banks will charge a service fee for using another bank's ATM. Through the ATM you may deposit, transfer, and withdraw funds. There will usually be a limit to the amount of money you can withdraw in any 24-hour period.

Credit Cards

For many international transferees, the lack of a US credit history can be a challenge. In most cases, you will not be approved for a US credit card initially. One suggestion to assist in building your US credit history is to open a **secured credit card**. With approval from the bank, you can put a certain amount of money in a savings account that will remain in the account. The secured credit card would have a credit limit equal to the amount deposited in the savings account. You will need to use your secured credit card and make the minimum monthly payments; you may also pay in full the amount due. After 9 months or so, if the bank sees that you have a good payment record, they may approve you for a regular credit card.

Security

Always pay attention to the other people around you at an ATM. Do not use the machine if you are suspicious of someone's behavior. It is safer to find another ATM or to come back later. Do not put your PIN number in with anyone close enough to see it.

Credit card theft is another increasing problem. In order to protect your card from being abused, never give your credit card or credit card number to a service provider you have not called. Another precaution is to destroy or shred copies of receipts and bills. Criminals will not hesitate to dig through the trash to find a copy of your credit card number.

Major US Banks

Below is a list of links to some of the larger US banks in the area. In some cases you may find that the local bank is a better option for you than some of the larger banks. Your IOR DS Consultant can help you in selecting a bank by sharing the various options available locally, as well as the products they offer to support expatriates.

- Bank of America
- Bank of the West
- <u>Chase</u>
- <u>Citibank</u>
- <u>HSBC</u>
- <u>TD Bank</u>
- US Bank
- Wells Fargo
- <u>Redmond area banks</u>

PUBLIC TRANSPORTATION/DRIVING

Driving in Redmond

Redmond's roadway system helps create connections that support the safe and efficient transport of people, goods, and services. High Occupancy Vehicles (HOV) are located along State Route 520 as well as at the entry ramps to the freeway.

Public Transit in Redmond

A Redmond transportation and transit guide can be found here.

- By Bus: Redmond has bus routes operated by King County Metro • Transit and Sound Transit that offer frequent connections between neighborhoods, adjacent cities and the region.
- By Rail and Train: Rail transit, streetcar, monorail, and Amtrak provide alternate transportation options.
- For more information on Park and Rides, visit GoRedmond.com

Walking and Biking in Redmond

- Bikes are permitted on Metro Bus. Info here.
- Redmond is a "Walkers Paradise" with a Walkscore of 95. This • makes it easy for you to swap some of these short drives for a stroll.
- Redmond is a bicycle-friendly city. With miles of bike lanes, bike boulevards, and trails you're sure to find a route to get you to work or to lunch at your favorite spot.
- Redmond also participates in a bike share system.

Taxi Alternatives/Car Rentals in Redmond

There are number of car rental companies operating in the area. Some of the following are suggestions depending on your budget.

- Dollar Rent A Car or Budget Rent A Car
- Hertz and Avis are generally more expensive.
- **Zipcar Rental**

Transportation "App" Options

Several web based phone applications to secure a driver are available throughout the area. The driver knows your approximate location based on your phone GPS. Payment is automatic through the app and fares may be cheaper than a taxi.

- Uber
- Lyft





Airport Information

- <u>Seattle-Tacoma International Airport</u>
- King County International Airport/Boeing Field

Amtrak

<u>Amtrak Cascades</u> trains connect 18 cities along the I-5 corridor including Seattle, Portland, Vancouver, BC, and Eugene, Oregon. Skip traffic. Take the train.

Map Websites

- <u>www.maps.google.com</u>
- <u>www.mapquest.com</u>
- <u>www.mapblast.com</u>

AAA Travel Protection

<u>AAA</u> is a membership organization that offers benefits such as roadside service and towing, discounts on car products and services, maps, reference materials, etc.

Call 1-800-352-5382 for additional information and cost.

LOCAL REGISTRATION

Social Security Procedures

United States Social Security Administration 1-800-772-1213

Upon arrival in the United States, employees holding work visas will be required to apply, in person, for a Social Security number. The Application for a Social Security Card (SS-5) can be used by anyone who has never been issued a card, needs a replacement card or has changed his or her name. Your IOR Destination Services Consultant will assist you with this process and can answer any questions you might have.

THIS SERVICE IS FREE.

To get an original number and card, you'll need to complete an Application for a Social Security Card (<u>Form SS-5</u>), and show the following documents IN PERSON at the local social security office.

- Passport
- <u>I-94</u>
- Work Visa
- Any other documents received by US Immigration

If all of your information is confirmed, your Social Security card will arrive in the mail in approximately 2-4 weeks. Several days after you have successfully completed the application process, you may be able to take your identification with your receipt back to the Social Security office to inquire about your Social Security number before you receive your card. Your IOR Destination Services Consultant will assist you with this process.

L-2 Visa Employment Opportunity Law Changes

The L-2 visa allows the dependent spouse and minor, unmarried children of qualified L-1 visa holders to enter into the U.S.

Changes took place on July 27, 2006 that apply to spouses of L-1 Visa holders in the US on an L2 Visa. Prior to that date, spouses on L-2 Visas were not permitted to obtain a social security card and were denied the right to be employed in the US. The law change now permits L-2 Visa holders (spouses only, not dependent children) to work on a full-time basis in the U.S. with proper employment authorization from the US Citizenship and Immigration Services (USCIS).

The L-2 Visa holder must apply for a social security card in addition to applying for an Employment Authorization Document before they can begin employment.

Social Security Numbers

The Social Security Administration (SSA) has issued guidelines, which permit E-1, E-2, and L-2 spouses to obtain Social Security Numbers without having to first obtain employment.

Authorization Documents (EADs) from the CIS. They must show proof that that their spouse is in E-1, E-2 or L-1 status, and present an original marriage certificate, in the native language. However, before they are authorized to work, they must obtain an EAD. The new SSA guidelines are online here.

Employment Authorization Document (EAD): L-2 Visa holders can apply for this document utilizing USCIS Form 1-765, Application for Employment Authorization. They must provide the following forms of identification: valid passport, 1-94 Arrival-Departure Document, Marriage Certificate from home country, two identical, and color photographs taken within 30 days of application. Currently, the process from application to EAD issue takes 3 to 4 months. The L2 Visa holder may also engage in full-time study in the US. A dependent child still may not apply for an EAD card except in cases of severe hardship. Local offices are open Monday thru Friday 9am to 4pm.

****Notice**** Social Security offices are closed on all US Federal holidays.

Obtaining a Driver's License/State ID Card

In the US, a driver's license or ID card is issued by each individual state and not by the federal government. Since there is no national identity card in the USA, and many Americans don't have a passport or carry around a birth certificate, a driver's license issued by your state is often the only official piece of identification for many citizens. Since 9/11, you will need to show a valid driver's license or State ID card to enter many big office buildings.

If you have an out-of-state or out-of-country license, you may use it for as long as you maintain your residency in the state where it was issued. International licenses are not recognized in Washington. If you are moving permanently to Washington, you may use your out-of-state license for only your first 30 days. To change to a Washington license, bring your Social Security card, another form of ID, and **two** utility or phone bills verifying that you are a Washington resident.

For general information and instructions on how to obtain an official state ID card or driver's license, <u>visit the Washington State Department of Licensing</u>. You can find Seattle locations of the Driver Services Facilities <u>using this online map</u>.

Your Destination Services Consultant will also assist you with the proper procedure.

LIVING AND SHOPPING

TV, Cable, Telephone, and Internet

The service providers for TV cable, landline telephone, and internet all offer combination packages. They are in stiff competition with each other, so special offers change monthly, sometimes even weekly.

- <u>AT&T</u>
- <u>Comcast</u>
- <u>DirecTV</u>
- <u>Dish</u>
- <u>Time Warner Cable</u>

Mobile Phones

There are four major wireless carriers in the area.

- AT&T Wireless
- Verizon Wireless
- <u>Sprint</u>
- <u>T-Mobile</u>

Computers, Electronics, Cameras

- <u>Best Buy</u> is a national chain: Apart from sales, their <u>Geek Squad</u> repairs PC computers.
- <u>Apple Stores</u>

Housewares and Furniture

- <u>Bed Bath & Beyond</u> is a national chain whereas the name explains, you can buy necessities for the bedroom and bathroom. From bath towels to comforters.
- <u>Ikea</u>: Swedish-owned furniture shop for all home and home office furniture, soft furnishings, home accessories, flooring, crockery and children's toys.
- <u>Home Depot</u> is a national chain where anything for renovation or home appliances can be bought. There's paint, tape, hammers and doors.
- <u>Crate and Barrel</u> is a national chain that sells more modern style furniture compared to Ikea. It is slightly more expensive but has more design.
- <u>Furniture Envy</u> is a national chain that sells furniture.
- <u>Pottery Barn</u> is a national chain that sells kitchen supplies, furniture and household items.
- <u>Williams-Sonoma</u> is a national chain that sells kitchen supplies.
- <u>Rooms to Go</u> is a national chain that sells furniture.
- <u>The Container Store</u> is a national chain that sells storage boxes, organizers and the sort.
- <u>Z-Gallery</u> is a national chain that sells affordable furniture.
- <u>Pier 1 Imports</u> is a national chain that specializes in imported furniture.
- <u>Target</u> is a national chain that sells anything from groceries, microwaves to furniture.
- <u>Walmart</u> is a national chain that sells anything from groceries, microwaves to furniture.

Food Shopping

Residents in Redmond go to market at a wide range of open air farmers markets, large gourmet markets, small specialty shops, and conventional supermarkets.

- PCC Natural Markets
- <u>Safeway</u>
- Trader Joe's
- Whole Foods
- <u>Redmond area markets</u>
- <u>Redmond Saturday Market</u> The Eastside's Oldest Farmers Market. Open May through October.



RECREATION

Recreation in Redmond

Centrally located between Seattle, Bellevue, and the Sammamish River Valley, Redmond is in the heart of the area's finest attractions. The city's expansive <u>parks</u> and endless <u>trails</u> are perfect for outdoor activities, and <u>Redmond Town Center</u>, the city's largest shopping complex, has over 110 shops, restaurants, and entertainment experiences to explore. Nearby <u>Woodinville wineries</u> offer scenery and tasting rooms. For the climbing enthusiast, area <u>indoor climbing walls</u> provide the ultimate fun!

Sightseeing in Seattle

- <u>Pike Place Market</u>: One of the oldest farmers markets in the United Sar States, Pike Place Market is the best place to buy locally-produced cheese, beer, sausage, pastries, fruits and vegetables from nearby farms.
- <u>Seattle Space Needle</u>: At 605 feet in height, the Seattle Space Needle offers a panoramic view of Puget Sound, downtown Seattle, and mountain ranges in all four directions. Purchase a ticket to visit the observation deck or reserve a table at Sky City Restaurant for a divine view while you dine.
- <u>Seattle Monorail</u>: The first commercial monorail built in The United States; the Seattle Monorail carries passengers back and forth on the 1 mile trip from downtown Seattle, near Pike Place Market, to the Seattle Center, home of the Space Needle, to the Experience Music Project and Pacific Science Center. Built for the 1962 World's Fair, a ride on the Seattle Monorail is a nostalgic trip back in time.

• <u>Ballard Locks</u>: The Hiram Chittenden Locks were built in 1911 to allow boats to travel from the salt-water of Puget Sound to the fresh-waters of Lake Union and Lake Washington. Be sure to visit the fish ladder, which allows salmon to pass through the locks to their estuaries in the autumn.

- <u>Seattle Underground Tour</u>: This tour allows you to walk through passageways beneath the City of Seattle. After a fire destroyed most of Seattle, the city decided to rebuild above the muddy foundations of the city, thus burying many buildings. Located below Pioneer Square, the passageways lead through historic tunnels as high as 35 feet in some places.
- <u>Woodland Park Zoo</u>: Located in Phinney Ridge, The Woodland Park Zoo consists of 92 acres of exhibits, with nearly 1,100 animals from 300 different species. The Woodland Park Zoo's claim to fame was the development of the world's first immersion exhibit, a gorilla habitat.

Sammamish River Trail





Arts & Culture in Seattle

- <u>Benaroya Hall</u>: Home of the Seattle Symphony, and a variety of visiting performing artists.
- <u>Broadway in Seattle</u>: Go see a Broadway show at the Paramount Theater.
- <u>Seattle Children's Theatre</u>: This is one of the largest regional theatres in the country. It has produced over 214 plays, 109+ of which have been world premieres
- <u>Pacific Northwest Ballet</u>: PNB is one of the largest and most highly regarded ballet companies in the United States. It was founded in 1972, now comprised of nearly 50 dancers and hosting more than 100 performances each year.
- <u>Seattle Opera</u>: Founded in 1963, the company a mix between the European repertoire and the modern works of the American opera.
- <u>Dimitriou's Jazz Alley</u>: With weekly jazz performances in a premier west coast club. When coming to Dimitriou's you can dine while you enjoy the performance.

Museums in Seattle

- <u>Experience Music Project (EMP Museum)</u>: This pop-art museum was built by Microsoft Cofounder Paul Allen and designed by renowned architect Frank O. Gehry. The EMP houses exhibitions on rock legends such as Jimmy Hendrix and Nirvana, as well as science fiction and fantasy memorabilia. Care to look at prop, costumes and scripts from Tank Girl, Alien and Xena the Warrior Princess? Do you dream of seeing Captain Kirk's command chair from Star Trek? They've got it here!
- <u>Seattle Art Museum (SAM)</u>: A collection of three different museums in three locations throughout the city. The main museum is in downtown Seattle. The second facility, the Seattle Asian Art Museum (SAAM), is located in Capitol Hill, while the outdoor Olympic Sculpture Park is located north of Pike Place along the water front.
- <u>Additional Seattle Museums</u>: In addition to the attractions listed above, Seattle is home to a variety of art, aviation, history, science, nature, maritime, and military museums. For a comprehensive list, see the link below.

The Great Outdoors in Seattle

In Seattle, great hiking is never more than 20 minutes away. To the east is the Cascade Mountain Range, and Snoqualmie, which provides skiing and hiking only 52 minutes away from downtown Seattle. The splendid 14,411-foot tall Mount Rainier is only 54 miles to the south. The Olympic Peninsula, which sits on the other side of Puget Sound from Seattle, is only 66.7 miles away, offers hikes a passage through virgin forests. Mount Olympus peaks at an elevation of 7,979 feet. In addition, there is also Mount Adams, Mount Baker, Glacier Peak and Mount Shuksan, just to name a few. Never mind the rain, Seattle is paradise for hikers, skiers and snowboarders. See related links and articles below.

• <u>Crystal Mountain Resort</u>: Skiing until June 1st. Yes, that's right, in the middle of May, while you wear shorts and T-shirts in Seattle, there is still enough snow on the slopes for skiing only an hour away by car. Other activities such as the Rainier Gondola, mountain-top dining at the Summit house, Disc Golf courses, and guided horseback riding are also available during the summer season. No car? No problem: <u>theskilift.org</u> offers rideshare options and it is completely

free. Skiers and snowboarders looking to carpool, save gas money, and reduce emissions come together online <u>here</u>.

• <u>Washington Trails Association</u>: This handy site lists hikes by proximity, length in miles, difficulty, altitude, and types of scenery available. Weather, along with a wealth of photographs and maps are also online for viewing.

Additional Outdoor Resources in Seattle

- Washington State Parks
- <u>10 Great Waterfall Hikes</u>
- Best Northwest Hikes and Walks
- Hike Finder Map
- Hiking Clubs or The Seattle Hiking Meetup Group
- <u>Washington Kayak Club</u> or <u>Seattle Sea Kayak Club</u>

Parks and Gardens in Seattle

- Washington Park Arboretum
- <u>The Bloedel Reserve</u> on Bainbridge Island.
- Volunteer Park
- Gas Works Park
- Green Lake Park
- See <u>The Official Parks and Recreation Site</u> for more information.

Dining in Seattle

- <u>Seattle Public Market Center</u>: Pike Place Market is Seattle's first farmers market. It was founded in 1907 was was the first place for farmers and customers to meet directly in Seattle. Currently, there are more than 80 Washington farmers that sell at the market, offering residents and visitors the highest quality of seasonal goods.
- <u>Pike Place Chowder</u>: Tucked away neatly in Post Alley of Pike Place Market, Pike Place Chowder serves up award-winning goodness by the bowl. The bisque here is good but the chowder is better!
- <u>Starbucks</u>: This establishment claims to be the location of the first Starbucks coffee shop. It is, in fact, about one block away from the location of the original Starbucks, but that building burned down long ago. So, Starbucks opened a new café a block away to cater to tourists. That being said, this particular Starbucks does serve up a mean cup of Joe!
- <u>Daily Dozen Doughnut Shop</u>: No stale doughnuts here! For those of us who like fried food served up hot, the Daily Dozen Doughnut Shop comes to the rescue. A



miniature doughnut factory runs all day long, assuring fresh doughnuts to passersby meandering through Pike Place Market.

- <u>Piroshky Piroshky</u>: Those in the know go early. Lines form early and long at this Eastern-European bakery and borscht house.
- <u>Mr. D's Delicacies for Mediterranean</u>: Affordable savory and sweet dishes for those with a great love of Falafel.
- <u>Serious Pie</u>: Founded by Tom Douglas, famous for the *Iron Chef the Wild Salmon Smackdown*, Serious Pie take pizza seriously; as in wood-burning stove seriously; as in light and crispy crust with homemade sauce seriously; as in this might be the best pizza you ever eat, seriously.
- <u>Kastoori Grill</u>: When nothing but Naan and Tikka Masala will do, Kastoori Grill is sure to warm away the winter shivers.
- <u>Beecher's Handmade Cheese</u>: Famous for the "World's Best Mac & Cheese" but we like the Grilled Cheese just as much.
- <u>Uli's Famous Sausage</u>: Locally-made sausage from the heart of Seattle.
- <u>Shiro's Sushi Restaurant</u>: Run by the apprentice of the famous Jiro of the movie, Jiro Loves Sushi.

Seasonal Events

- <u>Seattle International Film Festival</u>: A film festival dedicated to bringing film-lovers together, discovering extraordinary films from around the world.
- <u>Bumbershoot</u> (Music and Arts Festival Labor Day Weekend): A music festival dedicated to bringing concert-lovers their favorite bands. With a fantastic line-up, get ready for an exciting weekend of great music!
- <u>Seattle Restaurant Week</u>: Seattle Restaurant week has than 160 local restaurants will serve up three-course dinners for \$28 and many will offer three-course lunches for \$15.
- <u>Woodinville Winery Concerts</u>: Live performances since 1984, the summer concert series has provided a stage to some of the best artists in jazz, rock, blues, and contemporary music.



EXPAT RESOURCES

Expat Resource Guide

• <u>www.expatexchange.com</u>

Google Translator

• <u>Translate</u> 90 languages to and from language of choice using iTunes.

Volunteer Opportunities

- Volunteer Match
- United Way
- Volunteer in Redmond

Parent & Children Resources

• <u>Mom's Clubs</u> - social groups offering events and outings with mothers and their young children.

Smart Phone Apps for Travel:

- <u>Uber</u> : Similar to a taxi service but all web based. Payment also handled online, do not pay or tip driver directly. Uber driver knows your approximate location based on your phone GPS.
- <u>Lyft</u> : Wherever you're headed, count on Lyft for rides in minutes. The Lyft app matches you with local drivers at the tap of a button. Just request and go.
- Apple Maps : Map by direction
- Map Quest : Map by direction
- <u>Waze</u> : Community based traffic & navigation with alternate route suggestions
- <u>CityMaps2Go</u> : The #1 travel app lets you discover exciting new places. Beautiful photos and insider tips at the touch of a button. You will receive stories about places you like and can instantly save and find them on your maps and in your lists.

Smart Phone Apps for Communication:

- <u>WhatsApp</u> : Free local & international Real Time messaging
- <u>Line</u> : Exchange free instant messages with friends whenever and wherever with one-on-one and group chats. LINE is available on all smartphone devices (iPhone, Android, Windows Phone, Blackberry, Nokia) and even on your PC.
- <u>Viber</u> : Free text, calling, photo messages and location-sharing with Viber users. No registration, alias or invitations required. Instantly integrates with your own contact list. Best-quality mobile calls using 3G or Wi-Fi.
- <u>Skype</u>: Stay in touch with your family and friends for free on Skype. Download Skype today to chat and call on desktop and mobile.

Smart Phone Apps for Local Information/Reviews:

- <u>Angie's List</u> : Referrals for doctor, dentist, child care, maid, mechanic, painter, plumber, etc.
- Yelp! : Find local businesses, restaurants, bars, clubs, events, etc. with map, lists, and reviews
- <u>Next Door</u>: Neighbors share community events, items for sale, recommendations for babysitters, doctors and handymen, crime reports, ideas about how to improve their neighborhood and more.
- <u>Meet Ups</u> : Meetups are neighbors getting together to learn something, do something or share something. Cultural groups advertise gatherings here as well.

Smart Phone Apps for Weather:

- <u>WTHR13</u> : Local weather and closings; includes radar and forecast
- <u>Weather Channel</u> : National and international time, temperature & weather
- <u>Tornado</u> : Set up tornado alerts & siren

U.S. IDIOMS

Idioms are words, phrases, or expressions that are not taken literally- they have meaning beyond a literal translation of the words. Idioms are generally used in casual, familiar conversation but can also come up in certain business settings. Here are some examples of commonly used American English idioms:

better off - in a more fortunate position	(to) lose one's touch - to no longer be able to do something well
Big deal! - So what? That doesn't really matter.	made of money - very rich
(to) blow things out of proportion - to	
exaggerate; to make more of something than one should	needless to say - obviously
(to) call it a night - to stop an activity for the rest of the night	piece of cake - very easy
dime a dozen - so plentiful as to be nothing special; common	(to) pitch in - to help
(to) do the trick - to achieve the desired results	(to) pull an all-nighter - to stay up all night to do work
(to) give someone the cold shoulder - to ignore someone on purpose; to snub someone	rule of thumb - a useful principle
(to) get the ball rolling - to get started	(as) sharp as a tack - very intelligent
(to) go back to the drawing board - to start a task	
over because the last try failed; to start again from the beginning	(to) sit tight - to wait patiently
happy camper [slang] - a happy person; a satisfied participant	(to) stab someone in the back - to betray someone
(to) have a heart of gold - to be very kind and giving	(to) tell someone off - to scold; to tell someone in strong words what one really thinks
(to be) head over heels in love - very much in love	When pigs fly! [slang] - never
(to) hit the nail on the head - to be right	(to) twist someone's arm - to persuade someone; to convince someone
(to) learn the ropes - to learn the basics	(to be) up in the air - not yet determined; uncertain

Many common American idioms come from sports, here are some examples:

strike out- to fail or to do poorly at something (baseball)

(to) call the shots- to make the decisions; to be in charge (basketball)

ballpark- a guess or an estimate (baseball)

down and out- lacking money or prospects; penniless or destitute (boxing)

down to the wire- to the very end or last minute (horse racing)



drop the ball- to make an error, to miss an opportunity (football, baseball, rugby)

hands down- with great ease; unconditionally; often (and originally) in the phrase "to win hands down" (*horse racing*)

(to) have someone in your corner- to have the support or help of someone (boxing)

(to) hit it out of the park; home run- to be wildly successful, to do a great job (baseball)

To learn even more idioms, visit the following links:

- <u>Everyday American English Idioms</u> with example sentences.
- <u>Useful Idioms for Lower-Intermediate to Advanced Students (Teacher's Resource)</u>
- Idiom Site A-Z
- Sports Idioms
- English Language Learning: American English Idioms

PUBLIC HOLIDAYS

Holidays can be confusing as there are national (federal) holidays, bank holidays, state holidays. Verify those in your area with Human Resources at your place of business, especially before planning vacations or weekend get-aways!

Federal Holidays

State of Washington Holidays

The following are federal holidays in the United States and need to be treated as such by employers:

Last Monday in May

First Monday in September

Second Monday in October

- New Year's Day
- January 1*

July 4*

- Martin Luther King Day
 Third Monday in January
- Memorial Day
- Independence Day
- Labor Day

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- Columbus Day
 - Veterans' Day November 11*
- Thanksgiving Day Fourth Thursday in November
- Christmas Day
 December 25*

*If a holiday falls on a Sunday, the day following is observed as the legal holiday.



Seattle at night